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\*Resource Materials

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#### **ABSTRACT**

Intended for use by health care providers and other professionals who work with pregnant women and newborns, this compendium brings together for the first time a comprehensive collection of educational materials on programs produced by government, professional, and voluntary organizations and agencies. Each organization represented in the collection prepared its own listing of materials. Each section includes a brief description of the organization's purpose and goals, followed by annotated listings of printed and audiovisual materials produced or distributed by that organization and instructions for ordering those materials. The collection concerns such topics as parental care; the course of normal pregnancy and delivery; childbirth alternatives; health risks and problems of pregnancy and delivery; infancy (up to 1 year), including child care, normal growth and development, and physical and developmental problems and disabilities; parent education; the workplace and environmental hazards affecting pregnancy; nutrition; the effects of alcohol, drugs, and smoking; breastfeeding; teenage pregnancy; inherited factors and genetic disorders; and sudden infant death syndrome. In addition, a section entitled "Other Sources of Information" lists clearinghouses, programs, organizations, and resources on related topics including thild abuse and neglect, safety of infant products and equipment; handicapping conditions, vital statistics, and family planning. Two indexes -- a computer-generated subject index and a title index--designed to provide additional access points to the directory information, are included at the end of the document. (MP)

# U.S. DEPARTMENT OF EDUCATION NATIONAL INSTITUTE OF EDUCATION EDUCATIONAL RESOURCES INFORMATION

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HEALTHY
MOTHERS
COALITION
DIRECTORY
OF
EDUCATIONAL
MATERIALS

HEALTHY MOTHERS COALITION DIRECTORY OF EDUCATIONAL MATERIALS

September 1982 U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Public Health Service

#### FOREWORD

This compendium describes printed and audiovisual materials on prenatal and infant care intended for use by the public and health professionals. We feel it is unique in bringing together for the first time a comprehensive collection of educational materials on programs produced by government, professional, and voluntary organizations and agencies. These groups all have a significant commitment to maternal and child health, and most are members of the Healthy Mothers, Healthy Babies Coalition.

The Coalition, begun in 1981, is an informal association of professional, voluntary, and government organizations with a common interest in prematal and infant health./ Its purpose is to foster public education efforts for pregnant women through collaborative activities and the sharing of information and resources. collection represents one of the first projects of the Coalition and is aimed at facilitating the dissemination of existing educational materials to pregnant women, their families, and the professionals who work with them. It is hoped that this volume will promote sharing among organizations of information about the widé variety of pregnancy-related printed and audiovisual products and will assist professionals in identifying and ordering appropriate materials for their clients or patients. Since the collection is primarily aimed at enhancing the exchange of information among government and private groups, it does not include materials produced by commercial sources. or publishers.

Each organization represented in the collection prepared its own listing of materials. Each section includes a brief description of the organization's purpose and goals, followed by annotated listings of printed and audiovisual materials produced or distributed by that organization. All entries specify how to order the materials. Many of the items are free of charge. The entries are current as of Spring 1982; materials availability is subject to change over time.

The listings include pamphlets for the public, as well as technical materials intended primarily for use by health care providers and other professionals who work with pregnant women and newborns. The nontechnical materials cover items aimed at pregnant women, teenagers, expectant fathers, women planning pregnancy, parents of newborns, and siblings. The technical materials are designed to assist professionals in educating themselves or their client and patient populations. Audiences encompass physicians, nurses, nurse-midwives, and other health professionals; educators; program administrators in various settings; community workers; employers; and others. The professional materials generally emphasize "how-to" approaches, program planning, guides and standards, program descriptions, research reports, bibliographies, clinical guidelines, and similar information. Products in Spanish and other languages are listed, when available.

The collection covers such topics as prenatal care; the course of normal pregnancy and delivery; childbirth alternatives; health risks and problems of pregnancy and delivery; infancy (up to 1 year), including child care, normal growth and development, and physical and

developmental problems and disabilities; parent education; the workplace and environmental hazards affecting pregnancy; mutrition; the effects of alcohol, drugs, and smoking; breastfeeding; exercise; teenage pregnancy; inherited factors and genetic disorders; and sudden infant death syndrome. In addition, a section entitled "Other Sources of Information" lists clearinghouses, programs, organizations, and resources on related topics, including child abuse and neglect, safety of infant products and equipment, handicapping conditions, vital statistics, and family planning.

We see this compendium as a "work in progress." As new members join the Healthy Mothers, Healthy Babies Coalition, as new materials are produced, and as we find out about other sources of information, we expect to update our directory of materials.

We offer this collection to pregnant women and their partners, to the parents of newborns, and to others who have an interest in promoting the health of mothers and babies. It is our hope that by sharing information we are one step closer to our goal of "Healthy Mothers, Healthy Babies."

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Members of the Steering Committee, on behalf of the Healthy Mothers, Healthy Babies Coalition

## Healthy Mothers, Healthy Babies 'Coalition' Members

NOTE: Not all members have included descriptions of their materials in this directory. Those that have are listed in the table of contents. ACCIDENT PREVENTION REHABLLITATION INSTITUTE " ALLIANCE FOR PERINATAL RESEARCH AND SERVICES AMERICAN ACADEMY OF PEDIATRICS AMERICAN ASSOCIATION FOR AUTOMOTIVE MEDICINE AMERICAN ASSOCIATION OF SCHOOL ADMINISTRATORS AMERICAN COLLEGE OF NURSE-MIDWIVES . AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS AMERICAN DIETETIC ASSOCIATION AMERICAN HOME ECONOMICS ASSOCIATION AMERICAN HOSPITAL ASSOCIATION AMERICAN NURSES ASSOCIATION AMERICAN PUBLIC HEALTH ASSOCIATION AMERICAN RED CROSS AMERICAN SOCIETY FOR PSYCHOPR®PHYLAXIS IN OBSTETRICS. ARLINGTON COUNTY, VIRGINIA, DEPARTMENT OF HUMAN RESOURCES. PREVENTIVE HEALTH UNIT. ASSOCIATION FOR THE CARE OF CHILDREN'S HEALTH BOSTON WOMEN'S HEALTH BOOK COLLECTIVE CALIFORNIA'URBAN INDIAN HEALTH COUNCIL (representing, the American Indian Health Care Association) CENTER FOR CONSUMER HEALTH'EDUCATION CHILD WELFARE LEAGUE OF AMERICA FUTURE HOMEMAKERS OF AMERICA HARVARD COMMUNITY HEALTH PLAN HEALTH CARE FINANCING ADMINISTRATION, DEPARTMENT OF HEALTH AND HUMAN SERVICES HEALTH EDUCATION ASSOCIATES ·HIGHLAND GENERAL HOSPITAL, GYNECOLOGY AND OBSTETRICS DEPARTMENT, DAKLAND, .CA INSTITUTE FOR HEALTH POLICY STUDIES INTERNATIONAL CHILDBIRTH EDUCATION ASSOCIATION KANSAS CITY, MISSOURI, HEALTH DEPARIMENT LA LECHE LEAGUE INTERNATIONAL . MAINE DEPARTMENT OF HUMAN SERVICES, DIVISION OF CHILD HEALTH MARCH OF DIMES BIRTH DEFECTS FOUNDATION METRO COUNCIL OF ASSOCIATIONS FOR RETARDED CITIZENS (representing the National Association) MILITARY FAMILY RESOURCE CENTER NASSAU HOSPITAL, MINEOLA, NY NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN NATIONAL ASSOCIATION OF PARENTS AND PROFESSIONALS FOR SAFE ALTERNATIVES IN CHILDBIRTH NATIONAL 'ASSOCIATION OF STATE BOARDS OF EDUCATION NATIONAL CATHOLIC EDUCATIONAL ASSOCIATION, SPECIAL EDUCATION DEPARTMENT NATIONAL CENTER FOR CLINICAL INFANT PROGRAMS

### COALITION MEMBERS (Cont'd.)

- NATIONAL CHILD NUTRITION PROJECT
- NATIONAL COMMITTEE FOR ADOPTION
- \* NATIONAL CONGRESS OF PARENTS AND TEACHERS
- \* NATIONAL COUNCIL OF CATHOLIC WOMEN
- \* . NATIONAL MEDICAL ASSOCIATION
- \* NATIONAL PERINATAL ASSOCIATION

NEW JERSEY HOSPITAL ASSOCIATION

NEW YORK STATE DEPARTMENT OF HEALTH, OFFICE OF HEALTH EDUCATION PROMOTION SERVICES

- \* NUBSES ASSOCIATION.OF THE AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS
- \* PLANNED PARENTHOOD FEDERATION OF AMERICA
- \* THE SALVATION ARMY
  - SOCIETY FOR ADOLESCENT MEDICINE
- \* SOCIETY FOR NUTRITION EDUCATION
- U.S. DEPARTMENT OF AGRICULTURE
- \* U.S. JAYCEETTES
- \* U.S. PUBLIC HEALTH SERVICE, DEPARTMENT OF HEALTH AND HUMAN SERVICES

UNIVERSITY OF SOUTH CAROLINA, DEPARTMENT OF HEALTH EDUCATION, SCHOOL OF PUBLIC HEALTH

THE URBAN INSTITUTE

- VIRGINIA STATE HEALTH DEPARTMENT (representing the Association of State and Territorial Health Officers)
  YWCA NATIONAL BOARD
- \* Steering Committee members

## HOW TO USE THIS DIRECTORY

The <u>Healthy Mothers</u>, Healthy Babies Directory is arranged in alphabetical order by the names of the participating organizations. Within each organization, the descriptions are divided into two sections for print and audiovisual materials; titles are listed alphabetically within the sections.

Each title listing includes as much descriptive information as possible: format of the item (such as pamphlet, poster, or slides); physical description, publication date, price, and its availability in any languages other than English. A short paragraph about the content and potential uses for the item is provided when available. Those materials which are considered appropriate only for professional audiences are indicated by an asterisk.

For each organization, general instructions for ordering its materials have been prepared. Any details necessary for ordering a specific item, such as price or order number, have been included under the individual titles.

Following the body of the directory is a section listing other sources of information. This section contains descriptions of organizations that have materials and information on prenatal and infant care. It also includes a list of indexes that provide access to the literature of the field.

Two indexes have been designed to provide additional access points to the directory information. The first is a computer-generated subject index. The subject index was prepared by listing alphabetically all the significant words from all the titles. For example, all the materials containing the word "nutrition," in the title are listed under that heading in the subject index. To ensure locating all the relevant materials on the topic of nutrition, the user may want to also look under related headings such as food and "diet." The second index, a title index, lists all the titles from the entire directory alphabetically by the first significant word.

Please note that prices and other availability information are current, as of Spring 1982. To avoid delay in receipt of materials, it is advisable to confirm the information with the issuing organization just prior to placing your order.

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## ALLIANCE FOR PERINATAL RESEARCH AND SERVICES

The Alliance for Perinatal Research and Services is an interdisciplinary group that performs research and provides a variety of services relating to pregnancy, childbearing, and childrearing. These services include consulting, research and writing, inservice education, seminar presentations, speaking at conferences and workshops, and designing educational materials.

#### TO ORDER:

Send orders to the Alliance for Perinatal Research and Services, Inc., P.O. Box 6358, Alexandria, VA 22306.

## PRINTED MATERIALS:

THE FATHER BOOK: PREGNANCY AND BEYOND

Book, 263 pp., 1981
To order: \$15.25 for hardcover, \$7.60 for quality paperback; include \$1 each for shipping and handling

Offers tathers practical guidance on pregnancy and childbirth, covering their own mental and physical needs and those of their partner. Gives the father an appreciation of the issues involved in the contemporary childbirth experience. Offers information and advice for the months of pregnancy and beyond, including a chapter on exercises for fathers and newborns.

## THE FEDERAL MONITOR

Newsletter, 8 pp., published 8 times a year order: \$10 for 1 year, \$18 for 2 years

Covers news on legislative and regulatory activities relating to the health care of women and children, with an emphasis on childbearing. Provides timely updates on ederal and State legislation, activities of Federal agencies, hearings and meetings, court cases and relevant educational materials.

HOW TO HAVE INTERCOURSE WITHOUT BECOMING PREGNANT (also available in Arabac, Cambodian, Chinese, French, Hebrew, Italian, Laotian, Persian, Portuguese, Rússian, Spanish, Thai, and Vietnamese)

Pamphlet, 20 pp.

•To order: \$2 for 1 copy, \$1.75 each for 2-10 copies, \$1.50 each for 21 or more copies

Provides a simple text with line drawings showing the basic male and female anatomy and the physiology of reproduction and contraception.

## ALLIANCE FOR PERINATAL RESEARCH AND SERVICES (Cont'd.)

WHY BREAST-FEED by Ruth Guyer and Margaret Wolf Freivogel Pamphlet, 10 pp., 1981.
To order: \$2

Explains why mother's milk is the perfect food for a baby. Helps women choose how to feed their babies and provides . breastfeeding mothers with solid, explanatory information to back their decision.

## AUDIOVISUAL MAIERIALS:

RELAXATION FOR CHILDBIRTH...AND AFTER by Rae K. Grad
Audiocassettes, 3 tapes, 12-15 minutes per side
To order: \$18 per set; include \$1 per set for shipping and handling

Provides six strategies for learning and practicing relaxation skills, each one set to classical music. Can be used by groups or individuals. Accompanied by an explanation sheet.

## AMERICAN COLLEGE OF NURSE-MIDWIVES

The American College of Nurse-Midwives (ACNM) establishes and maintains standards for the practice of nurse-midwifery in the United States. It collaborates with other professional groups and the public in efforts to improve the quality of health care available to women, children, and families.

#### TO ORDER:

With the exception of the <u>Journal of Nurse-Midwifery</u> (see below) all items may be ordered from the American College of Nurse-Midwives, 1522 K St. NW., Suite 110, Washington, DC 20005. Include item number when ordering. All orders must be prepaid of accompanied by an institutional invoice. Postage and handling are as follows:

Amount of order	Postage and handling
Up to \$10	20% of order,
\$10 to \$100 '	15% of order
Over \$100 '	10% of order

#### PRINTED MATERIALS:

\* ACCREDITATION FOR INTERNSHIPS AND REFRESHER PROGRAMS IN

NURSE-MIDWIFERY

Pamphlet, 4 pp., undated To order: 'Item no. 4; \$1

Defines each kind of program and gives criteria for its establishment and the level of practice to be attained.

ACNM INDIVIDUAL NURSE-MIDWIFE'S DELIVERY RECORD BOOK

Book, 50 pp., undated To order: Item no. 17; \$2.50

Provides space for the detailed recording of 144 cases.

ACNM MEMBERSHIP DIRECTORY

Book, 98 pp., 1981 To order: Item no. 12; \$7 for members, \$10 for nonmembers

An alphabetical and regional listing of ACNM members.

COMMUNITY ORIENTATION PACKET

Resource Packet, 1981
To order: Item no. 13; \$10

Includes articles on nurse-midwives in private practice, employment agreements, patient introductory letters, salary/benefits, and medical/legal/professional liability statements.



### AMERICAN COLLEGE OF NURSE-MIDWIVES (Cont'd.)

#### **CONSULTATION SERVICES**

Serial, 6 pp., annual

To order: Item no. 23; specify the registry being ordered; \$5 each

A collection of four registries, each listing ACNM members with expertise in one of four different areas: education, practice, administration, and research.

## CORE COMPETENCIES IN NURSE-MIDWIFERY SERVICES: EXPECTED OUTCOMESOF NURSE-MIDWIFERY EDUCATION

Pamphlet, 9 pp., 1978

To order: Item no. 8; \$2

Identifies core of knowledge and skills basic to preparation for nurse-midwifery practice.

## CRITERIA; GUIDELINES; POLICIES AND PROCEDURES AND EVALUATION AND ACCREDITATION OF EDUCATIONAL PROGRAMS IN NURSE-MIDWIFERY

Pamphlet, 8 pp., 1980

To order: Item no. 3; \$3

A set of three documents describing the accreditation process for educational programs: a plan for initiating it, guidelines for the self-evaluation report, and criteria used in evaluating each program.

## FAMILY CENTERED MATERNITY/NEWBORN CARE IN HOSPITALS

Pamphlet, 10 pp., 1978

To order: Item no. 15; \$.50 each for 1-5 copies, \$.25 for each copy after the first 5

Joint position statement prepared by the Interprofessional Task Force on Health Care of Women and Children.

## A FRAMEWORK FOR ESTABLISHING NURSE-MIDWIFERY PRACTICE IN A VARIETY OF SETTINGS

Book, 109 pp., 1979

To order: Item no. 21; \$15

A learning package for certified nurse-midwives to assist in setting up a practice. Includes information on types of practice, legal matters, job descriptions, and other aspects of a practice.

## AMERICAN COLLEGE OF NURSE-MIDWYVES (Cont'd.)

GUIDELINES FOR ESTABLISHING A HOSPITAL BIRTH ROOM; GUIDELINES FOR ESTABLISHING AN ALTERNATIVE BIRTH CENTER

Pamphlets, 10 pp., undated

To order: Item no. 20; \$2.75 for 1, \$7.75 for all 3

Developed by the ACNM Clinical Practice Committee, these three documents assist certified nurse-midwives and others in establishing services in alternative care settings.

## GUIDELINES FOR ESTABLISHING A NURSE-MIDWIFERY PRACTICE

Pamphlet, 1 p., 1971

To order: Item no. 5; \$.50

Gives steps necessary to determine the legal ramifications of establishing a nurse-midwifery practice.

## GUIDELINES FOR ESTABLISHING A NURSE-MIDWIFERY SERVICE

Pamphlet, 23 pp., 1972

To order: Item no. 7; \$6

Covers communication and demonstration of a need, organizational structure, philosophy and purpose, approved order, policies and procedures, legislation, and statistics.

## JOURNAL OF NURSE-MIDWIFERY

Periodical, published 6 times a year, 50 pp.
To order: Item no. 24; make check payable to Journal of Nurse-Midwifery and order from Elsevier North-Holland, Inc., 52 Vanderbilt Ave., New York, NY 10017; \$21 per year (\$42 for institutions)

Includes articles on current knowledge in the fields of nurse-midwifery, parent-child health, obstetrics, family planning, neonatology, and well-woman gynecology.

## NURSE-MIDWIFERY IN THE U.S.: 1976-1977

Pamphlet, 43 pp., 1978

To order: Item no. 10; \$2.50

Latest in a continuing series of descriptive surveys of nurse-midwives in the United States.

## REGISTRY OF NURSE MIDWIFERY SERVICES

Serial, 50 pp., annual

To order: Item no. 22; \$4

Lists nurse-midwifery services in the United States with information on the type of care provided.

## AMERICAN COLLEGE OF NURSE MIDWIVES (Cont'd.)

## STATEMENT OF FUNCTIONS, STANDARDS, AND QUALIFICATIONS FOR THE PRACTICE OF NURSE-MIDWIFERY

Pamphlet, 4 pp., 1975

To order: Item no. 2; \$1

Tells what nurse-midwives are prepared to do, describes the framework within which they function, and gives the qualifications necessary for practice.

### STATEMENT ON NURSE-MIDWIFERY EDUCATION

Pamphlet, 1 p., 1977

To order: Item, no. 9; \$.50

Defines nurse-midwifery education.

## SURVEY OF LEGISLATION PERTAINING TO THE PRACTICE OF NURSE-MIDWIFERY AND UPDATE TABLES

Serial, 60 pp., annual

To order: Item no. 6; \$3.50

Classifies each State and jurisdiction according to legislation that permits or restricts the practice of nurse-midwifery.

### WHAT IS A NURSE-MIDWIFE?

Pamphlet, 2 pp., 1982

To order: Item no. 1; \$.35 for 1 copy, \$.25 each for 2-10 copies, \$.20 each for 11-24 copies, \$.15 each for 25 or more copies

Describes the functions of a nurse-midwife and lists accredited educational programs.



## AMERICAN COLLEGE, OF OBSTETRICIANS AND GYNECOLOGISTS

The American College of Obstetricians and Gynecologists (ACOG) is the national professional organization representing over 22,000 obstetrician-gynecologists. Its affiliate organization, the Nurses Association of the American College of Obstetricians and Gynecologists (NAACOG), represents 18,000 obstetrical-gynecological nurses.

The goals of ACOG include setting national standards in obstetrical-gynecological education and practice, promoting publications and encouraging contributions to medical and scientific literature pertaining to obstetrics and gynecology, and fostering and stimulating improvements in all aspects of the health oare of women which properly come within the scope of obstetrics and gynecology.

#### TO ORDER:

All orders must be prepaid and complete ordering information should be included. For audiovisual materials, contact the distributor listed. The following addresses may be used for printed materials.

- o Single copies of free printed materials: ACOG Resource Center, 600 Maryland Ave. SW., Suite 300 East, Washington DC 20024
- o Printed materials for sale: ACOG Publications Secretary, 600 Maryland Ave. 5W., Suite 300 East, Washington DC 20024
- o NAACOG publications: NAACOG Publications, 600 Maryland Ave. SW., Suite 200 East, Washington DC 20024

## PRINTED. MATERIALS:

ADOLESCENT PERINATAL HEALTH , A GUIDEBOOK

Pamphlet, 40 pp., 1979

To order: Single copy free from the ACOG Resource Center

Presents clinical guidelines concerning appropriate services for adolescents, to inform and assist physicians, concerned individuals, and organizations encountering adolescents in need of services in their communities.

ADOLESCENT REPRODUCTIVE HEALTH CARE

Pamphlet, 6 pp., 1979
To order: Single copy free from the ACOG Resource Center;
ask for ACOG Statement of Policy and give title

Provides a yardstick for national priorities for adolescent reproductive health care as well as providing guidelines for many developing State and local community services. Health services, educational services, and social services, as well as program support, eligibility, and evaluation are covered.

\* for professionals



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## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Cont'd.)

#### ALCOHOL AND PREGNANCY

Pamphlet, 1 p., 1977
To order: Single copy free from the ACOG Resource Center;
ask for ACOG Statement of Policy and give title

Discusses the risks of excessive and moderate alcohol consumption during pregnancy and the use of intravenous alcohol to inhibit labor.

## ASSESSMENT OF MATERNAL NUTRITION

Pamphlet, 25 pp., 197B

To order: Order from ACOG Publications Secretary, \$1

Guide for physicians, nurses, and nutritionists to help integrate nutrition into the normal health surveillance performed during pregnancy. Lists and explains the important factors which identify an obstetrical patient at nutritional risk.

## BLEEDING IN THE GNANCY

Pamphlet, 4 pp., 197B

To order: ACOG Patient Information Booklet R-47; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Discusses dangers of bleeding early and late in pregnancy, with emphasis on miscarriage and abortion.

## CAUSES AND TREATMENTS FOR GENETIC DISORDERS

Pamphlet, 13 pp., 1977

To order: ACOG Patient Information Booklet R-42; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Explains genetic diseases, their causes, risks, and tests to detect them, including a discussion of amniocentesis. Briefly touches on genetic counseling.

## CESAREAN BIRTH

Pamphlet, B pp., 1981

To order: ACOG Patient Information Booklet R-53; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Explains indications, preparation, procedure, post-operative care, and complications of cesarean birth.



## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Contyd.)

## CIGARETTE SMOKING AND PREGNANCY

Pamphlet, 4 pp., 1979.
To order: ACOG Technical Bulletin 53; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$6425 for 25 copies

Lists effects of smoking on fetus, neonate, and mother.

Describes pathopharmacology of smoking, gives
recommendations for education, and provides further readings
on the subject.

## CIGARETTE SMOKING DURING PREGNANCY

Pamphlet, 1 p., 1977 / To order: Single copy free from the ACOG Resource Center /

Declares College support of public education on hazards of smoking, especially during pregnancy, and encourages involvement in this education effort.

## THE CURRENT ROLE OF CONTINUOUS ELECTRONIC FETAL HEART RATE MONITORING IN LABOR

Pamphlet, 4 pp., 1979
To order: Single copy free from the ACOG Resource Center; ask for ACOG Committee Opinion, Committee on Obstetrics: Maternal and Fetal Medicines and give title.

Discusses the present role of continuous electronic fetal heart rate monitoring in assessing fetal status in high-risk and low-risk obstetrical patients, based upon a review of a wide range of scientific research.

## EATING HABITS QUESTIONNAIRE

Pamphlet, 4 pp., 1978
To order: Order from ACOG Publications Secretary; \$5 for 100

A record for one week's dietary intake to be filled out at home by the pregnant patient. Helps establish a basis for recommending changes in eating habits to improve the woman's health status.

## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Cont'd.)

FOOD, PREGNANCY AND FAMILY HEALTH (also available in Spanish)

Pamphlet, 10 pp., 1976

To order: ACOG Patient Information Booklet R-37, (R-37-5, Spanish); single copy free from the ACOG Resource Center; also for sale from ACOG Publications .

Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Stresses importance of good nutritional habits during pregnancy. Lists four basic food groups, with examples of each.

## GUIDELINES FOR CHILDBIRTH EDUCATION

Pamphlet, 20 pp., 1981

To order: Order from NAACOG Publications, \$3

Defines the goals of childbirth education and the role of the childbirth educator. Delineates teaching skills of a qualified childbirth educator. Presents detailed instructions on program development, content, teaching strategies, and considerations for class format, and suggests resources.

### GUIDELINES ON PREGNANCY AND WORK

Pamphlet, 72 pp., 1977

·To order: Order from ACOG Publications Secretary, \$3

Contains an extensive review of the medical, obstetrical, and industrial research findings that converge with important implications for the pregnant employee. Offers a framework to assist in determining whether a pregnant woman should be placed in, or continue, a specific job.

## HEALTH CARE FOR MOTHERS AND INFANTS IN RURAL AND ISOLATED AREAS

Pamphlet, 90 pp., 1978

To order: Order from ACOG Publications Secretary, \$2.75

Reviews the major literature on rural health services and develops a conceptual model for delivering maternal and infant care in these areas. Provides a system for planning and evaluation of rural health services. A set of regional reports describes the conditions and most urgent health problems of four targeted rural areas. Based upon the proceedings of a conference on rural health care for women and infants.



## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Cont.)

## JOINT POSITION STATEMENT ON MATERNITY CARE (1971) AND SUPPLEMENTARY STATEMENT (1975)

Pamphlet, 2 pp., 1971, 1975

To order: Single copy free from the ACOG Resource Center; ask for ACOG Statement of Policy and give title

Discusses the role of each member of the maternity health  $^{\star}$ care team--the obstetrician-gynecologist, the nurse-midwife, the nurse, and other health care personnel. The supplement elaborates upon the role of the ob-gyn, the context of the team, and the logistics of consultation and referrals. Coauthored with the American College of Nurse-Midwives and the Nurses Association of the American College of Obstetricians and Gynecologists.

## JOINT POSITION STATEMENT ON THE DEVELOPMENT OF FAMILY-CENTERED MATERNITY,/NEWBORN CARE IN HOSPITALS by the Interprofessional Task Force on Health Care of Women and Children

Pamphlet, 10 pp., 1978

Order from ACOG Rublications Secretary, \$3; ask To order: for ACOG Statement of Policy and give title

Offers guidelines for hospitals to promote family-centered maternity care, and the delivery of same, quality health care while recognizing, focusing on, and adapting to both the physical and psychosocial needs of the client-patient, the family, and the newly born. Covers preparation of family and hospital staff and physical facilities and equipment.

## MATERNAL HEALTH POLICY

Pamphlet, 8 pp., 1977

Single copy free from the ACOG Resource Center; To order: ask for ACOG Statement of Policy and give title

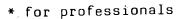
Advocates and delineates the following items for inclusion in any program on maternal health policy: patient care services, education and research, evaluation of effectiveness, and financial considerations.

## NOT ONLY FOR PARENTS

Pamphlet, 16 pp., 1980

ACOG Patient Information Booklet R-51; single To order: copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Offers guidelines to parents on teaching sex education to children of various age groups. Lists additional reading that may be helpful.







## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Cont'd.)

## UTRITION IN MATERNAL HEALTH CARE

Pamphlet, 14 pp., 1974

To order: Single copy free from the ACOG Resource Center

Designed as a guide to the nutritional component of maternal health services. Organized in sections dealing with clinical aspects of nutrition in pregnancy, nutritional risk during pregnancy, components of nutritional services, and nutrition personnel and resources.

## OBSTETRICIAN-GYNECOLOGIST: THE WOMAN'S PHYSICIAN

Pamphlet, 5 pp., 1976

To order: ACOG Patient Information Booklet R-38; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Explains the role of the obstetrician-gynecologist in providing health care for women. Describes some possible health problems of women that are handled by the ob gyn. Offers suggestions on how to choose a physician.

## PATIENT CARE PLAN: VAGINAL DELIVERY--POSTPARTUM

Pamphlet, 6 pp., 1978

To order: NAACOG OGN Practice Resource 1; for sale from NAACOG, \$2 each, \$10 for 6

Presents a sample chart with categories for potential problems, objectives, and orders.

#### PERINATAL HERPES SIMPLEX VIRUS INFECTIONS .

Pamphlet, 3 pp., 1980

To order: Single copy free from the ACOG Resource Center; ask for ACOG Committee Statement, Committee on Obstetrics: Maternal and Fetal Medicine and the AAP Committees on Fetus, and Newborn and Infectious Diseases, and give title

Reviews epidemiologic aspects of perinatal herpes infections and recommends appropriate preventive measures for the management of pregnant women with active infections, infants exposed to these women during delivery, and perinatal personnel with active infections.

#### \* for professionals



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## AMERICAN COLLEGE OF OBSTETRICIANS AND GYMECOLOGISTS (Cont'd.)

## PHYSICAL ASSESSMENT OF THE NEONATE

Pamphlet, 3 pp., 1978

NAACOG Technical Bulletin 2; for sale from To order: NAACOG, \$2 each, \$10 for 6

Presents assessment steps the nurse should use in performing a complete neonatal assessment. Divided into four sections covering delivery room, nursery admission, daily assessment, and discharges

## PREGNANCY AND DAILY LIVING (also available in Spanish)

Pamphlet, 10 pp., 1977 ACOG Patient Information Booklet R-40 (R-40-S, To order: , Spanish); single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000 .

Presents general guidelines and information about various activities during pregnancy to help a woman adjust to her new lifestyle.

## PREGNANCY DISABILITY.

Pamphlet, 1 p.; 1974

Single copy free from the ACOG Resource Center; ask for ACOG Statement of Policy and give title

Gives general guidelines for pregnancy disability for both uncomplicated and complicated pregnancies.

## PREGNANCY, WORK, AND DISABILITY.

Pamphlet, 7 pp., 1980

ACOG Technical Bulletin 58; single copy free from To order: the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$6.25 for 25

Helps the obstetrician-gynecologist protect the health of the pregnant worker and her fetus. Provides medical recommendations to pregnant workers and discusses specific issues.

#### PREPARATION FOR PARENTHOOD

Pamphlet, 5 pp., 1978

To order: NAACOG Technical Bulletin 3; for sale from NAACOG, \$2 each, \$10 for 6

Defines role of childbirth educator and discusses parent education concepts. Offers guidelines for planning and presenting educational programs.

## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Cont'd.)

## PREVENTION OF TAY-SACHS DISEASE: CARRIER IDENTIFICATION AND GENETIC COUNSELING

Pamphlet, 7 pp., 1976

To order: ACOG Technical Bulletin 34; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$6.25 for 25/

Discusses prospective prevention of the disease, genetic counseling, and the role of the obstetrician-gynecologist in screening. Provides a list of testing centers.

### RESPONSIBILITIES OF THE HEALTH CARE TEAM

Pamphlet, 2 pp., amended 1978

To order: Single copy free from the ACOG Resource Center; ask for ACOG Statement of Policy and give title

Expands upon the role of the certified nurse-midwife on the health care team and sets standards for education of the nurse-midwife. Supports family-centered maternal/newborn care in the hospital and regionalization of obstetric care.

## RUBELLA...A CLINICAL UPDATE

Pamphlet, 7 pp., 1981

To order: ACOG Technical Bulletin 62; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$6.25 for 25

 Discusses prevention of maternal rubella infection and subsequent teratogenic effects on fetus. Provides guidelines for treatment of rubella exposure or suspected infection during pregnancy.

## SCOPE OF SERVICES FOR NORMAL (UNCOMPLICATED) OBSTETRIC CARE Pamphlet, 1 p., 1981

To order: Single copy free from the ACOG Resource Center; ask for ACOG Statement of Policy and give title

Defines the normally provided services in uncomplicated obstetric care, including antepartum, intrapartum, and postpartum care.

## THE SELECTIVE USE OF Rho(D) IMMUNE GLOBULIN (RhIG)

Pamphlet, 5 pp., 1981

★ To order: ACOG Technical Bulletin 61; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$6.25 for 25

Reviews and clarifies protocols directed at further decreasing the frequency of Rho(D) sensitization. Includes indications and dosage schedules for several situations.

## AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Contid.)

## STANDARDS FOR OBSTETRIC, GYNECOLOGIC AND NEGNATAL NURSING

Pamphlet, 68 pp., 1981

To order: Order from NAACOG Publications; \$10

Covers standards for impatient and outpatient gynecologic and obstetric nursing, family planning, abortion, and neonatal inpatient care, intensive care, and transport.

## STANDARD'S FOR OBSTETRIC-GYNECOLOGIC SERVICES

Pamphlet, 88 pp., 1974 (new edition in press)
To order: Order from ACOG Publications Secretary, \$10

Contains guidelines and recommendations for the provision of obstetric-gynecologic health care in and out of the hospital. Designed to serve as a guide for hospital administrators, department chairmen, and practicing physicians.

#### STATEMENT ON HOME DELIVERY

Pamphlet, 1 p., amended 1979
To order: Single copy free from the ACOG Resource Center;
ask for ACOG Statement of Policy and give title

Reviews the hazards of home delivery and supports the concept of family-centered maternal/newborn care in the hospital.

## STATEMENT ON RUBELLA VACCINATION AND CONTROL OF RUBELLA VIRUS INFECTION IN WOMEN OF CHILDBEARING AGE

Pamphlet, 2 pp., 1970

To order: Single copy free from the ACOG Resource Center; ask for ACOG Statement of Policy and give title

Delineates female population at risk and presents recommendations for waccination of at-risk populations and the treatment of pregnant women exposed to rubella..

## ULTRASOUND EXAMINATIONS IN OB/GYN

Pamphlet, 5 pp., 1979

To order: ACOG Patient Information Booklet R-50; single copy free from the ACOG Resource Center; also for sale from ACOG Publications Secretary, \$15 for 100, \$60 for 500, \$120 for 1000

Explains what ultrasound is, why it is done, and what happens during the examination.

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## AMERICAN CULLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (Cont'd.)

#### AUDIOVISUAL MATERIALS:

THE ACOG PATIENT INFORMATION LIBRARY: OBSTETRICS LIBRARY

Audiocassettes, 10 tapes, 10-12 minutes each, 1979;

accompanied by 10 pamphlets

To order: ACOG Patient Information Library--Obstetrics Library, c/o Medical Information Systems, Inc., 185 Great Neck Rd., Great Neck, NY 11021, \$100

per set

Each cassette consists of a dramatization of a patient-physician dialogue that thoroughly discusses one subject. Topics include breastfeading and adapting to the new baby as well as other aspects of pregnancy and childbirth.

### ACOG SELF-LEARNING PACKAGES

Multimedia kit, color slides, audiocassettes, syllabus and post-test, 1977+

To order: Order from ACOG Publications Secretary, \$100 per package for ACOG members, \$125 per package for nonmembers, \$300, any 4 packages for ACOG members, \$350, any 4 packages for nonmembers

Presents current information and patterns of practice with a clinical emphasis. Topics include prenatal fetal assessment and premature labor.

#### ACOG UPDATE

Audiocassette series, 60 minutes each, 12 issues per year, 1975+

To order: ACOG Update, c/o Medical Information Systems, Inc., 185 Great Neck Rd., Great Neck, NY 11021, \$125 per year for ACOG members, \$150 per year for nonmembers

Utilizes a panel discussion format on a single vital topic. Subjects include diabetes in pregnancy, antenatal diagnosis of genetic disorders and many other topics in all areas of obstetricians and gynecology. Accompanied by transcripts and pre- and post-tests.

### UNDERSTANDING LABOR AND DELIVERY

Film, 16mm, Super 8mm, sound, color, 20-1/4 minutes, 1978 Videocassette, 3/4" or 1/2"

To order: ACO 104; ACOG Film & Video Service, P.O. Box 299, Wheaton, IL 60187, \$312; rental from AMA Film Library, c/o Association Films (at your regional office), \$15 for film (16mm only)

Explains what happens during labor and delivery. Procedures shown include fetal monitoring, IV feeding, prepping, medication for labor, local anesthesia, forceps delivery, spontaneous delivery, and post-delivery procedures.



### AMERICAN HOME ECONOMICS ASSOCIATION

The American Home Economics Association (AHEA) is a scientific and educational association of professionals. Its mission is to improve the quality of life for families. The Association acts through individuals and communities to effect the optimum balance between families and their environments.

### TO ORDER:

Send orders to Sales Office, American Home Economics Association, 2010 Massachusetts Ave. NW., Washington, DC 20036. Payment must accompany orders under \$10. A 10 percent discount is given on orders of \$10 or more for identical items. Handling charges are as follows:

Amount of order	Handling
Under \$10 \$10 - \$19.99 \$20 - \$59.99 \$60 - \$79.99 \$80 - \$99.99	\$ .50 \$1.00 \$1.50 \$2.50 \$3.50
Each increment of \$50 over \$100	\$1.00

#### PRINTED MATERIALS:

## CONCEPTION AND FETAL DEVELOPMENT

Pamphlet, 14 pp., undated To order: No. 1041-5; \$3 for members, \$3.75 for nonmembers

Describes the sequence of procreation and possible dangers to healthy fetal development. Directed toward senior students with above-average ability and maturity; sections. may be adapted to sex education classes.

PUBLIC SERVICE ADVERTISING POSTERS

Posters, set of 6, 17" x 22", black and white, 1978. To order: No. 0042-8; \$8 for members, \$10 for nonmembers

Focus on AHEA 1976-1981 priority issues, three of which relate to adolescent pregnancy and parenting education; these are reproductions of AHEA advertisements released to the media.



#### AMERICAN RED CROSS

The goals of the American Red Cross Health Services courses are to promote individual well-being, to save human lives, and to prevent or reduce human suffering. The Red Cross offers courses of instruction entitled Preparation for Parenthood, Parenting: Your Child from One to Six, and Babysitting as well as programs in safety and accident prevention, home health skills, and youth leadership development.

#### TO ORDER:

The materials listed below should be obtained through local chapters of the American Red Cross. To find local chapters, consult your telephone directory. Chapters may also provide assistance in program planning and instructor preparation. For questions about the development of the materials, individuals may contact the American Red Cross, National Headquarters, Health Services, 17th & D Streets NW., Washington, DC 20006.

#### PRINTED MATERIALS:

#### **BABYSITTING**

Teaching package, 8 hours minimum required for course, 1981
To order: Contact your Red Cross chapter; Stock No. 320196,
\$20

Intended for group instruction with youths aged 11 and older. May be adapted for day-care center workers and babysitters of children with disabilities. Focuses on the responsibilities of the babysitter, development of job skills, characteristics of children, safety and accident prevention in the home, and child care skills. Includes discussion, problem solving, demonstration, and practice. Package includes an instructor guide, 25 ditto master activity sheets, 2 filmstrips of 12 frames each, and a 30-minute audiocassette recording.

#### FAMILY HEALTH AND HOME NURSING

Book, 626 pp., 1979

To order: Contact your Red Cross chapter; Stock No. 321176, \$3.96

Serves as both a family health reference book and a textbook and is used during all Red Cross Nursing and Health Services courses. Also available at bookstores.





### AMERICAN RED CROSS (Cont'd.)

PARENTING: YOUR CHILD FROM ONE TO SIX

Teaching package, 16 hours required for course, 1981
To order: Contact your Red Cross chapter; Stock No. 321249
(Leader's Manual), \$6.75; Stock No. 321249
(Parent's Manual), \$5

Focuses on skills needed in parenting; emphasizes group discussion on ways to help the parents stimulate the child's language, social, emotional, intellectual, and motor skills. Explores skills that help the child develop desired behaviors. The Parent's Guide is a workbook for use during the course.

#### PREPARATION FOR PARENTHOOD

Instructor Guide, 14 hours minimum required for course, 1976
To order: Contact your Red Cross chapter; Stock no. 321235,
\$2.45

Helps prospective parents know what to expect during the prenatal period, labor, delivery, and the baby's first year. Also used in classes for students in junior high school through college. Includes lectures, group discussions, demonstrations, and practice.

## AMERICAN SOCIETY FOR PSYCHOPROPHYLAXIS IN OBSTETRICS (ASPO: LAMAZE CHILDBIRTH/PREPARED PARENTHOOD)

The American Society for Psychoprophylaxis in Obstetrics (ASPO) is a national, nonprofit organization that was founded in 1960 to promote the Lamaze method of prepared childbirth and family-centered maternity care. The Society is involved in preparing parents for the experience of pregnancy and birth and the demands of childrearing. Its 6,500 members include physicians, childbirth educators, other health care professionals, and parents. ASPO sponsors a nationally standardized teacher certification program in the Lamaze method of prepared childbirth. Teachers who complete the comprehensive 2-year program are ASPO Certified Childbirth Educators (ACCE). The program is accredited by the Council for Noncollegiate Continuing Education. ASPO was sponsors continuing education workshops each spring and an annual convention.

#### TO ORDER:

All materials listed below may be obtained by writing ASPO National Headquarters, 1411 K St. NW., Suite 200, Washington, DC 20005, or by calling (202)783-7050: Orders placed by telephone must be charged to a VISA or MASTERCARD credit card. Only prepaid and credit card orders are accepted through the mail. Identify item and price. District of Columbia residents add 5 percent sales tax. Postage and handling charges are as follows:

### Amount of order

Up to \$15 .\$15.01 - \$150 over \$150

### Postage and handling

15% of order 10% of order 5% of order

### PRINTED MATERIALS:

#### ACCE: ASPO CERTIFIED CHILDBIRTH EDUCATOR

Pamphlet, 6 pp.

To order: Single copy free

Provides an introduction to ASPO's teacher certification program for persons interested in teaching Lamaze childbirth. Provides details on eligibility, application and costs.

#### CESAREAN CHILDBIRTH: HANDBOOK FOR EXPECTANT PARENTS

Pamphlet, 16 pp., 1981

To order: \$2.25; quantity discount available

Whether or not a couple is expecting a cesarean birth, this easy-to-read text will help them understand the medical procedures and how they can apply their Lamaze training to have a positive cesarean delivery.

\* for professionals



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## AMERICAN SOCIETY FOR PSYCHOPROPHYLAXIS IN OBSTETRICS (Cont'd.)

#### **CENESIS**

Periodical, published 6 times a year To order: \$30 per year

Contains articles and information of interest to physicians, childbirth educators and parents about prepared childbirth and parenthood. In addition to sections for these three groups, each issue looks in depth at a pertinent topic, with "tear-out-and-save" pages relating to the topic explored.

#### LEARNING TO RELAX

Pamphlet, 26 pp., 1980

To order: \$1.50; quantity discount available

An instruction booklet on relaxation techniques with humorous, but effective, illustrations; geared toward childbirth.

#### MEDICATION CHART

Poster, 20" x 18", black and white, ca. 1977 To order: \$2; quantity discount available

Lists the drugs normally used in labor and delivery, their therapeutic effects, effects on labor, side effects, placental transfer information, and method of administration.

#### THE PSYCHOPROPHYLACTIC METHOD OF CHILDBIRTH

Pamphlet, 12 pp., 1982

To order: \$1.75

An easy-to-read primer that introduces physicians and other health care professionals to Lamaze childbirth and ASPO. Includes information on classes, teacher training, and the expectations of parents and the medical team during labor and delivery.

#### AUDIOVISUAL MATERIALS:

#### **FATHERS**

Film, 16mm, sound, color, 28 minutes, 1980 To order: "Sale, \$385; Rental, \$45 for 3 days

A touching film on the role of fathers both before and after birth. Explores feelings of new fathers and those with older children. Winner of CINE Golden Eagle Award. Recommended for church groups promoting the family unit, childbirth education classes, and other groups interested in the parental role of fathers.



## AMERICAN SOCIETY FOR PSYCHOPROPHYLAXIS IN OBSTETRICS (Cont.d.)

### NAN'S CLASS

Film, 16mm, sound, color, 40 minutes, 1978
To order: Sale, \$425; Rental, \$45 for 3 days

Follows expectant couples through a Lamaze class series and the births of their children. Film culminates with a class reunion of newborns. Participants include a single mother and several racial/ethnic couples. Winner of CINE Golden Eagle Award.

## CALIFORNIA URBAN INDIAN HEALTH COUNCIL

The California Urban Indian Health Council, a consortium of nine Indian-managed health programs, is a central Statewide organization for planning and developing health services for the State's growing urban Indian population. The Council provides technical assistance and training to the nine member programs and acts as an advocate with Federal and State agencies to meet the needs of the State's urban Indian population. Its programs include a Fetal Alcohol Syndrome Education/Prevention Program and a Healthy Pregnancy Program.

#### TO ORDER:

Send orders to the California Urban Indian Health Council, Inc., 1615 Broadway, Suite 210, Oakland, CA 94612.

## PRINTED MATERIALS:

CALIFORNIA INDIAN MATERNAL AND CHILD HEALTH PLAN

Book, 127 pp., 1981 To order: \$7.50

Documents the substandard health status of California's. Indian women and children. Describes the impact of white culture on Indian culture and health status in California. Intended for use by medical providers, health program planners, health educators, policymaking agencies, and any special interest groups interested in maternal and child health.

#### CHILD WELFARE LEAGUE OF AMERICA"

The Child Welfare League of America (CWLA) provides a wide variety of services to member agencies as well as leadership to the entire child welfare field. The League develops standards for services, conducts research, provides consultation to agencies and communities, publishes professional materials, cooperates with other organizations to improve policies for children, and provides legislative information and public policy direction.

#### TO ORDER:

With the exception of the first item, send orders to the Publications Order Department, Child Welfare League of America, 67 Irving Pl., New York, NY 10003. Payment must accompany orders under \$20. Include stock number when ordering.

## PRINTED MATERIALS:

## CWLA/CRITTENTON REPORTER ON SCHOOL-AGE PARENTING.

Newsletter, monthly

To order: Send check, payable to the CWLA Center for Governmental Affairs, to the Center at 1346 Connecticut Ave. NW., Suite 310, Washington, DC 20036, \$36 per year

Reports on current news about services to teenage parents and their families, including updates on Federal legislation and regulations. Funded by the National Florence Crittenton Mission.

## OUR YOUNGEST PARENTS: A STUDY OF THE USE OF SUPPORT SERVICES BY

ADOLESCENT MOTHERS

Book, 96 pp., 1980

To order: ISBN 0-87868-179-5/YF-2: \$4.95

Supplies research on the characteristics and problems of teenage mothers, most of whom keep their babies. The countrywide study of 185 mothers, practically all unmarried and aged 13 to 19 when their babies were born, centered on what help they used and what they needed. Perhaps most significant was that the longer the mothers used agency help, the more likely they were to seek ongoing support services to stabilize their lives.



## CHILD WELFARE LEAGUE OF AMERICA (Cont'd.)

## PARENTING CURRICULUM

Teaching package, 6 workbooks, 1973
To order: No. 010-0005; \$2.50 each, \$12.50 for set

Covers child development and care for adolescent mothers. Written at a reading level up to eighth grade, with vocabulary aids for reading skills. Includes drawings and brief text. The six workbooks are:

- o Getting to Know Your Baby and Yourself/Prenatal to Birth
- o Your New Human/Birth to One Month
- o Learning About the World/One to Three Months
- o Your Baby Grows/Three to Six Months
- o Learning More Each Day/Six to Nine Months
- o The End of the First Year/Nine to Twelve Months

#### INTERNATIONAL ASSOCIATION OF PARENTS AND PROFESSIONALS

#### FOR SAFE ALTERNATIVES IN CHILDBIRTH

The InterNational Association of Parents and Professionals for Safe Alternatives in Childbirth (NAPSAC) promotes education about the principles of natural childbirth. It helps to implement family-centered maternity care in hospitals; assists in the establishment of maternity and childbearing centers and safe home programs; and provides educational opportunities for the parents-to-be.

#### TO ORDER:

Send orders to NAPSAC, P.O. Box 267, Marble Hill, MO 63764. Prices quoted below include postage if order is prepaid.

#### PRINTED MATERIALS:

COMPULSORY HOSPITALIZATION OR FREEDOM OF CHOICE IN CHILDBIRTH Book, 3 volumes, 984 pp. (total), 1979 To order: \$7.75 for each volume, \$19.50 for the set

Volume 1 covers government regulation, prenatal regionalization, obstetric interventions, and hospital practice; Volume 2, midwifery, birth centers, home birth, and legal aspects; Volume 3, consumer involvement, childbirth education topics, children at birth, and philosophical topics. Winner of Books of the Year Award from the American Journal of Nursing in 1979.

# Pamphlet, 54 pp., 1979

To order: \$2.75

A guide to increasing the visibility of birth alternatives for groups and individuals seeking to inform and educate the public about safe choices in childbirth.

#### THE FIVE STANDARDS FOR SAFE CHILDBEARING

Book, 484 pp., 1980 To order: \$9.95

Presents a complete maternity plan that would reduce mortalities to a minimum at the least cost and greatest energy efficiency. Used as a text or supplementary text. Written for the public but with extensive citations from professional medical literature.

\* for professionals



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## INTERNATIONAL ASSOCIATION OF PARENTS AND PROFESSIONALS FOR SAFE ALTERNATIVES IN CHILDBIRTH (Cont'd.)

## THE NAPSAC DECLARATION OF INDEPENDENCE

Pamphlet, 2 pp., 1980

To order: Single copy free; send self-addressed, stamped envelope

Statement of NAPSAC principles.

## THE NAPSAC DIRECTORY OF ALTERNATIVE BIRTH SERVICES AND CONSUMER GUIDE

Book, 280 pp., 1982 To order: \$5.95

Lists midwives, birth centers, home birth programs, natural childbirth doctors, and childbirth educators in the alternative childbirth field. Also contains a consumer guide with suggestions for choosing a doctor, midwife, birth center, or hospital.

#### NAPSAC NEWS

Periodical, quarterly, 28-36 pp. To order: \$12 per 1 year (\$14 outside USA)

Covers the latest medical and political news in the maternal and child health field.

### SAFE ALTERNATIVES IN CHILDBIRTH Book, 198 pp., 3rd edition, 1978

To order: \$5.95

An anthology of articles and essays by parents and professionals. Written for parents and documented for professionals, it presents information on the safety of home births compared to that of hospital births. Winner of the Books of the Year Award from the American Journal of Nursing in 1976.

#### TRU-BREAST

Pamphlet, 2 pp., 1978 Single copy free; send self-addressed, stamped To order: envelope

Presents the advantages of breastfeeding in the humorous form of a commercial advertisement.

### TWENTY-FIRST CENTURY OBSTETRICS NOW!

Book, 2 volumes, 617 pp, (total), 1978 To order: \$7.50 for each volume, \$12.25 for the set

Contains 34 chapters by over 50 authorities. Includes a matched-population study on home-versus-hospital birth.





### INTERNATIONAL CHILDBIRTH EDUCATION ASSOCIATION

The International Childbirth Education Association (ICEA) brings together consumers and health care professionals who support family-centered maternity care and desire to promote preparation and education for childbearing and breastfeeding.

#### TO ORDER

Send orders to ICEA Bookcenter, P.O. Box 20048, Minneapolis, MN 55420. Quantity discounts are available. Discounts for members on orders over \$30 are also available. Postage and handling charges are as follows:

Amount of orde	r	v .	Postage and handli	ng
Up to \$1 \$1.01 - \$3 \$3.01 - \$10 \$10.01 - \$30 \$30.01 - \$50 \$50.01 - \$100			\$ .60 \$1.00 \$1.25 \$1.75 \$2.50 \$4.00	<u>g</u>
Over \$100	•		5% of order	

#### PRINTED MATERIALS:

AUDIOVISUALS ABOUT BIRTH AND FAMILY LIFE by Doreen Shanteau Book, 128 pp., 1981
To order: \$10

Lists and describes over 860 audiovisuals, with distributor's name and address and rental and purchase information.

## BONDING--HOW PARENTS BECOME ATTACHED TO THEIR BABY by Diony Young

Pamphlet, 12 pp., 1978 To order: \$.50

Focuses on the importance of early establishment of the parent-infant bond in the hospital. Includes factors that affect this attachment process.

#### BREASTFEEDING SAMPLER

Pamphlets, set of 5
To order: \$.50 per set

One each of the five pamphlets on breastfeeding: Checklist for Counseling Breastfeeding Mothers; How the Breast Functions; Have You Considered Breastfeeding; Instructions for Nursing Your Baby; and Simple Instructions for Nursing Your Baby. See separate entries for these titles.

\* for professionals



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## INTERNATIONAL CHILDBIRTH EDUCATION ASSOCIATION (Cont'd.)

CHECKLIST FOR COUNSELING BREASTFEEDING MOTHERS by Doris Haire

Pamphlet, 2 pp. To order: \$.25

Lists common problems and possible causes: sore, cracked nipples, insufficient milk, fussy baby, exhausted mother, skin rash, stasis, breast infection, discomfort during weaning.

HAVE YOU CONSIDERED BREASTFEEDING by Doris Haire

Pamphlet, 4 pp. To order: \$.10

Explains that breastfed babies have fewer illnesses, that breastfeeding saves money and is more convenient, and that one can breastfeed without being noticed. Answers six common questions about breastfeeding.

HOW THE BREAST FUNCTIONS by Doris Haire

Pamphlet, 4 pp. To order: \$.10

Shows anatomy of the breast and describes physiology of milk production. Quantity and quality of milk, avoiding difficulties, leaking, and the effect of menstruation and weaning are discussed.

HOW TO GROW A PARENTS GROUP by Mason, Jensen; and Ryzewicz Book, 224 pp., 1979
To order: \$4

Describes parent support and education programs and the group organizations needed to support such programs.

HUMANIZING MATERNITY SERVICES THROUGH FAMILY-CENTERED CARE

Pamphlet, 27 pp., 1982 To order: \$3.50

Discusses the importance of family-centered childbirth including prenatal and postpartum care as well as labor and delivery. Describes various alternatives to the traditional delivery room.

ICEA POSITION PAPER ON PLANNING COMPREHENSIVE MATERNAL AND NEWBORN SERVICES FOR THE CHILDBEARING YEAR

Pamphlet, 16 pp. To order: \$.35

Includes deficiencies of existing planning models; requisite features for a comprehensive plan; prenatal, perinatal, and postpartum care systems; and an adolescent parent program.



### INTERNATIONAL CHILDBIRTH EDUCATION ASSOCIATION (Cont'd.)

#### ICEA REVIEW

Periodical, published 3 times a year To order: \$3 per year for ICEA members at time of membership application; back issues, \$1.50

Each issue examines a topic of current interest and/or controversy within the childbearing field and includes abstracts from literature as well as editorial and guest commentary. Back issues include: "Maternal Position During Labor and Birth," 1978; "The Pregnant Smoker: Hazards to Fetal and Maternal Health," 1978; "Physiologic Jaundice of the Newborn," 1979; "Amniotomy," 1979; "Vaginal Birth Following Cesarean Section," 1979; "Maternal Stress and Pregnancy Outcome," 1980; "Postpartum Depression," 1980; "Endorphins and Analgesia," 1980; "Circumcision," 1981; "Epidural Analgesia," 1981; "Children At Birth," 1981.

## INSTRUCTIONS FOR NURSING YOUR BABY by Doris Haire

Pamphlet, 6 pp. To order: \$.15

Offers practical suggestions for initial feedings in the hospital and at home.

## LABOR AND BIRTH: A GUIDE FOR YOU by Linda Todd

Pamphlet, 52 pp., 1981 To order: \$2.50

Offers a simple, concise description of labor relaxation and breathing techniques, medical procedures, and postpartum needs of newborns and parents. Vignettes and multi-racial illustrations convey the challenge and joy involved in giving birth. Requires minimal reading skill.

## NO SMOKING: FETAL GROWTH IN PROGRESS

Poster, 8-1/2" x 11", blue lettering on white To order: \$.30

## OUTREACH TEACHING by Barbara McCormick

Book, 110 pp., 1979

To order: \$6

A quide to offering prepared childbirth classes to individuals who have not traditionally had access to birth preparation.

## PARENTS! GUIDE TO THE CHILDBEARING YEAR by Peg Beals

Pamphlet, 84 pp., revised 1980

To order: \$3.50

A source book for expectant parents. May be used alone when classes are not available.



## INTERNATIONAL CHILDBIRTH EDUCATION ASSOCIATION (Cont'd.)

# THE PREGNANT PATIENT'S BILL OF RIGHTS--THE PREGNANT PATIENT'S RESPONSIBILITIES by Doris Haire

Pamphlet, 4 pp. To order: \$.20

Gives the ACOG statement in support of informed consent and lists a woman's rights and responsibilities in maternity

# SIMPLE INSTRUCTIONS FOR NURSING YOUR BABY (also available in Spanish and French)

Pamphlet, 4 pp. To order: \$.10

Offers practical suggestions for initial feedings; written at the third-grade reading level.

## UNNECESSARY CESAREANS -- WAYS TO AVOID THEM by Diony Young

Pamphlet, 27 pp., 1980 To order: \$1.50

Discusses ways to minimize the possibility of a cesarean delivery and increase the potential for optimal outcome should a cesarean become necessary; fully documented.



## LA LECHE LEAGUE INTERNATIONAL

La Leche League International (LLLI) and its affiliates offer encouragement, information, and support to women who wish to nurse their babies. In so doing, LLLI fosters good mothering through breastfeeding, encourages the optimal physical and emotional growth of the child, and contributes to the development of close family relationships. LLLI offers its experience, information, and services to interested professional and lay persons. LLLI publishes materials on tape and in braille for the blind or handicapped (See Special Publications List, below).

#### TO ORDER:

Many items listed are available directly from La Leche League groups throughout the world, thus saving delivery time and cost of postage. For information on the nearest LLLI representative, consult your telephone book or send for a directory. If it is more convenient to order by mail, please mail your order to: La Leche League International, 9616 Minneapolis Ave., Franklin Park, IL 60131.

#### PRINTED MATERIALS:

ABREAST OF THE TIMES by R. M. Abblebaum Book, 88 pp., 1969 To order: No. 310; \$3

ANEMIA (also available in Dutch, French, and Spanish)
Pamphlet
To order: No. 24; \$.20

Poster, 11" x 17", color To order: No. 465; \$.50

Cartoon comparing costs of breastfeeding vs. formula.

BILINGUAL POSTER
Poster, 9" x 12", color
To order: No. 468; \$.95

Phổtò of nursing mother captioned in French and English.

THE BIOLOGICAL SPECIFICITY OF MILK Pamphlet
To order: No. 14; \$.30

BOND OF LOVE Poster, 16" x 21" To order: No. 462; \$1

Shows mother nursing her baby:



\* BONDING--HOW PARENTS BECOME ATTACHED TO THEIR BABY

Pamphlet

To order: No. 149; \$.40

BREASTFEEDING

Pamphlet

To order: No. 130; \$.20

BREASTFEEDING--A COMMENTARY IN CELEBRATION OF THE INTERNATIONAL

YEAR OF THE CHILD

Pamphlet

To order: No. 112; \$.60

BREASTFEEDING AFTER A CESAREAN BIRTH (also available in German

and Portuguese)

Pamphlet

To order: No. 80; \$.25

\* BREASTFEEDING AND DENTAL CARIES

Pamphlet

To order: No. 31; \$.20

BREASTFEEDING AND DRUGS IN HUMAN MILK

Pamphlet, 48 pp., 1980 To order: No. 505; \$5

Summarizes the research and information currently available on the topic of medications in human milk. Prepared for the use of the prescribing physician so an informed judgment can be made on the risk/benefit factors of a drug for an individual lactating mother.

BREASTFEEDING) AND JAUNDICE (also available in Dutch and French)

Pamphlet

To order: No. 10; \$.30

BREASTFEEDING AND NATURAL CHILD SPACING by S.K. Kippley

Book, 197 pp., 1975

To order: No. 320; \$3.50

BREASTFEEDING AND THE ORAL CONTRACEPTIVE PILL (also available in

Dutch and German)

Pamphlet

To order: No. 18; \$.20

BREASTFEEDING AND WORKING

Pamphlet

To order: No. 58; \$.75



BREASTFEEDING--HELPING THE MOTHER GET STARTED

Pamphlet

To order: No. 117; \$.20

BREASTFEEDING IN TODAY'S WORLD

Pamphlet

To order: No. 139; \$.15

BREASTFEEDING, NATURALLY

Poster, 18" x 22-1/2", color

To order: No. 463; \$1

. Shows mother nursing her baby in outdoor setting.

NEW EVIDENCE IT'S FAR MORE THAN NUTRITION BREASTFEEDING:

Pamphlet

To order: No. 137; \$.30

BREASTFEEDING--SECOND THOUGHTS

Pamphlet

To order: No. 60; \$.30

BREASTFEEDING THE BABY WITH A CLEFT OF THE SOFT PALATE

Pamphlet

To order: No. 82; \$.25

BREASTFEEDING: THE BEST BEGINNING

Pamphlet, 12 pp., revised 1981

To order: No. 150; free

BREASTFEEDING THE DOWN'S SYNDROME BABY

Pamphlet

To order: No. 51; \$.75

BREASTFEEDING YOUR BABY (also available in Chinese, Portuguese,

Spanish, and Yupik)

Pamphlet

To order: No. 129: \$.50

BREASTFEEDING YOUR PREMATURE BABY (also available in Dutch)

Pamphlet

To order: No. 13; \$.50

DIARRHEA IN INFANCY (also available in Dutch, French, German,

Portuguese, and Spanish)

Pamphlet

To order: No. 15; \$.15



DOES YOUR BABY NEED A PACIFIER? ('also available in Danish, French, German, Hebrew, and Spanish)

Pamphlet

To order: No. 110; \$.15

ENVIRONMENTAL CONTAMINANTS IN MOTHER'S MILK

Pamphlet

To order: No. 78a; \$.16

ESTABLISHING AN INSTITUTIONAL MILK BANK

Pamphlet

To order: No. 89d; \$1

EVER HEAR OF A NURSING STRIKE? (also available in Dutch and Spanish)

Pamphlet

To order: No. 57; \$.15

\* HOW THE MATERNITY NURSE CAN HELP THE BREASTFEEDING-MOTHER (also available in Dutch and German)

Pamphlet

To order: No. 118; \$.95

HOW WE SOLVE BREASTFEEDING PROBLEMS (also available in French)

Pamphlet

To order: No. 133; \$.30

\* IMMUNIZATIONS IN THE NURSING MOTHER

Pamphlet

To order: No. 25; \$.15

\* THE INFANT AS A HUMAN BEING

Pamphlet

To order: No. 53; \$.20

\* INVERTED NIPPLES (also available in Danish, Dutch, French, German, Indonesian, Portuguese, and Spanish)

Pamphlet

To order: No. 108; \$.15

IRON SUFFICIENCY IN BREAST FED INFANTS

Pamphlet

To order: No. 61; \$.40

A KEY TO SUCCESSFUL BREASTFEEDING IN A NON-SUPPORTIVE CULTURE

Pamphlet.

To order: No. 136; \$.50

LOSING YOUR MILK? (also available in Arabic, Danish, Dutch, French, German, Hebrew, Indonesian, Italian, Japanese,

Portuguese, and Spanish)

Pamphlet

To order: No. 83; \$.15



\* MEDICATIONS FOR THE NURSING MOTHER (also available in Dutch)

Pamphlet

To order: No. 21; \$.20

MODERN MANAGEMENT OF SUCCESSFUL BREASTFEEDING

Pamphlet

To order: No. 111; \$.75

MOTHERHOOD -- A GREAT BEGINNING

Pamphlet

To order: No. 86b; \$.20

MOTHERING YOUR NURSING TODDLER by N.J. Bumgarner

Book, 208 pp., 1980

To order: No. 362; \$4.95

A MOTHER'S GUIDE TO BREASTFEEDING AND MOTHERING THE PREMATURE OR HOSPITALIZED SICK INFANT

Pamphlet

To order: No. 109; \$.25

NIPPLE CARE (also available in Danish, Dutch, French, German,

Hebrew, Indonesian, Portuguese, and Spanish)

Pamphlet, 2 pp., revised 1978

To order: No. 103; \$.15

Explains procedures for caring for nipples during pregnancy

and after delivery.

NURSING AN ADOPTED BABY (also available in Dutch)

Pamphlet

To order: No. 55; \$.30

NURSING SIBLINGS WHO ARE NOT TWINS

Pamphlet

To order: No. 75; \$.20

NURSING YOUR BABY by Karen Pryor

Book, 289 pp., 1973

To order: No. 370; \$2.50

Tells why breastfeeding is good for mother and baby and how

to overcome problems.

OPTIMAL INFANT NUTRITION; AVOIDING ALLERGIES

Pamphlet

To order: No. 16; \$.30

\* RELACTATION: A GUIDE TO BREASTFEEDING THE ADOPTED BABY (also available in German)

Pamphlet

To order: No. 159; \$1.75

SHALL I BREASTFEED MY BABY? (also available in German, Hebrew, Indonesian, and Spanish)

Pamphlet

To order: No. 102; \$.15

SORE BREAST - WHAT, WHY, AND WHAT TO DO (also available in Danish, Dutch, French, German, and Spanish)

Pamphlet

To order: No. 12; \$.20

#### SPECIAL PUBLICATIONS LIST

Pamphlet

To order: No. 502; free

Materials available on tape or in braille for the blind or handicapped.

### SPÉCIAL PUBLICATIONS LIST

Pamphlet

To order: No. 502BRL; \$3

Same as above pamphlet but in braille.

#### SUCCESSFUL LACTATION AND WOMEN'S SEXUALITY

Pamphlet

To order: No. 148; \$.15

#### TEACHERS BREASTFEEDING GUIDE

Pamphlet

To order: No. 86a; \$.35

# THERE'S A NEW BABY IN YOUR LIFE, CONGRAYULATIONS (also available in Danish and Spanish)

Pamphlet

To order: No. 58a; \$.15

# \* THOUGHTS ABOUT WEANING (also available in Danish, Dutch, French, Indonesian, and Spanish)

Pamphlet

To order: No. 125; \$.15

## THRUSH (also available in Dutch, French, German, and Spanish)

Pamphlet

To order: No. 19; \$.15



TOGETHER AND NURSING FROM BIRTH (also available in French)

Pamphlet

To order: No. 20; \$.30

TWINS

Pamphlet

To order: No. 54; \$.30

THE UNIQUENESS OF HUMAN MILK

Pamphlet

To order: No. 161; \$2.95

WHAT'S IN IT FOR MOTHER?

Pamphlet

To order: No. '76; \$.20

WHEN YOU BREASTFEED YOUR BABY (also available in Afrikaans, Danish, Dutch; French, German, Hebrew, Indonesian, Italian, Japanese, Portuguese, Spanish, and Vietnamese)

Pamphlet, 6 pp., 1979

To order: No. 124; \$.15

Helpful hints for breastfeeding in the early weeks of the baby's life.

THE WOMANLY ART OF BREASTFEEDING (also available in Dutch, French, German, and Spanish)

Book, 166 pp., 1978

To order: No. 250; \$3.95

Offers mothers encouragement and practical help, with emphasis on the satisfaction and security felt by both the mother and baby in the good mothering that starts with breastfeeding; LLLI'S basic manual.

YOU CAN BREASTFEED YOUR BABY - EVEN IN SPECIAL SITUATIONS by

Dorothy Brewster

Book, 596 pp., 1979

To order: No. 400; \$11.95

Gives specific advice on many nursing problems.

## MARCH OF DIMES BIRTH DEFECTS FOUNDATION

#### Professional Education Department

The Professional Education Department of the March of Dimes Birth Defects Foundation provides educational programs, publications, and audiovisuals to assist health professionals who are involved in providing perinatal health care.

#### TO ORDER:

Unless otherwise stated, send orders to the Professional Education Department, Room 21, March of Dimes Birth Defects Foundation, 1275 Mamaroneck Ave., White Plains, NY 10605. Materials are free unless otherwise indicated. Include number when ordering.

#### PRINTED MATERIALS:

The first section of printed materials lists 13 booklets that are divided into 3 series and known collectively as the "Nursing Staff Development Programs." Following this section, all remaining titles are listed in alphabetical order.

#### NURSING STAFF DEVELOPMENT PROGRAMS

Booklets, 3 series of 13 booklets
To order: Request by title, with prepayment, from Material and Supply at the above address.

Designed to assist nurses to provide optimal health care for perinatal clients. Patient education and informed consent are emphasized in these programs. Some of the program booklets are accompanied by audiovisuals, as noted.

Series 1: "The First Six Hours of Life"; √focuses on providing optimal health care for the newborn during the critical 24-hour period after birth.

ASSESSMENT OF RISK IN THE NEWBORN: EVALUATION DURING THE TRANSITIONAL PERIOD, 24 pp., 1980, \$1.

EARLY PARENT-INFANT RELATIONSHIPS, 89 pp., 1978, \$3; slide/tape, \$18

HYPOGLYCEMIA IN THE NEWBORN, 21 pp., 1977, \$1; slide/tape, \$18

NEONATAL RESPIRATORY DEPRESSION, 24 pp., 1982,

NEONATAL THERMOREGULATION, 37 pp., 1976 and

\* for professionals

ERIC Full Text Provided by ERIC

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Series 2: "Prenatal Care"; focuses on providing optimal health care for the pregnant woman, the fetus, and the family. Emphasizes education of the patient to recognize high-risk symptoms and patient knowledge and informed consent concerning procedures and medications.

FETAL ASSESSMENT, 35 pp., 1979, \$2

MATERNAL ASSESSMENT: BLOOD PRESSURE, 20 pp., 1979, \$1

MATERNAL ASSESSMENT: URINE EVALUATION, 20 pp., 1979, \$1.25

PRIMARY CARE OF THE PREGNANT WOMAN: LABORATORY TESTS, 23 pp., 1978, \$1.50

PSYCHOSOCIAL ASPECTS OF CHILDBEARING, 60 pp., 1981, \$3.50

Series 3: "Intrapartal Care"; focuses on health care during labor and delivery to ensure optimal outcome for the newborn. Emphasizes informed consent and patient knowledge regarding procedures and medications.

OXYTOCICS FOR THE INDUCTION OF LABOR, 18 pp., 1981, \$1.50

PRESENTATIONS AND POSITIONS, 26 pp., 1981, \$2

SELECTED DRUGS USED DURING LABOR AND DELIVERY, 24 pp., 1980, \$1.75

### BIRTH DEFECTS: ORIGINAL ARTICLE SERIES

Book series, 117 volumes, 1968+

To order: Individual volumes differ in price and publisher; request publications catalog from above address.

This series comprises 117 volumes (to date) which deal with all aspects of birth defects. The books for the most part are the proceedings of various conferences held to delineate, detect, manage, and treat birth defects, and cover most body systems from the central nervous system and the brain to the limbs and feet. They are a valuable aid to the student as well as to the clinician.



CHEMICAL AND PHYSICAL EXPOSURES OF PARENTS: EFFECTS ON HUMAN REPRODUCTION AND OFFSPRING by Barbara Reiber Strobino, Jennie Kline, and Zena Stein Pamphlet, 20 pp., 1978

To order: RS-202

Reviews observed effects on reproduction of parents' exposure to environmental hazards both before and after conception.

CONTEMPORARY GENETIC CÔUNSELING edited by Daniel Bergsma, M.D.

Pamphlet, 48 pp., 1973
To order: Vol. IX, No. 4

Explains genetic counseling, its probabilities, who should do genetic counseling, and under what circumstances.

CURRENT CONCEPTS IN NUTRITION--PREGNANT WOMEN AND PREMATURE

INFANTS, by Janet C. King and Sara Charlet

Pamphlet, 2 pp., 1978

To order: RS-203

Discusses energy and nutrient requirements during pregnancy and nutritional management of premature infants.

DOES THE NEONATE SHAPE HIS ENVIRONMENT? by T. B. Brazelton, M.D. Journal article reprint
To order: PE PRS-1

Reports on research showing how the newborn responds to his or her environment and how the environment affects the newborn's ability to respond.

DRUGS IN PREGNANCY: EFFECTS ON THE FETUS AND NEWBORN by Reba M. Hill and Leo Stern
Pamphlet, 16 pp., 1979
To order: RS-208

Reviews the effects of maternal drug ingestion on the fetus and newborn. Effects of alcohol, smoking, and radiation are discussed, as well as those of commonly used pharmaceutical agents.



ENVIRONMENTAL POLLUTION AND PREGNANCY: RISKS AND UNCERTAINTIES FOR THE FETUS AND INFANT, by Lawrence D. Longo, M.D.

, Pamphlet, 12 pp., 1980

To order: RS-213

Reviews the effects of environmental pollutants on pregnancy, the fetus and infant. Pollutants included are "macro pollutants" (heavy metals, commercial chemicals, herbicides, pesticides, carbon monoxide, ozone, and radiation) over which the individual has little choice, and "micro pollutants" (tobacco smoke, alcohol, drugs, and food additives) over which the pregnant woman has control.

#### THE FAMILY PEDIGREE CHART

Poster, 13" x 19", black and white
To order: Minimum order, 4 copies; \$1 total, prepaid

Depicts the proper way to develop a family pedigree for use in counseling for genetic disease; for anyone involved in genetic studies - the high school biology student as well as the experienced genetic counselor.

GENETIC DISEASE: THE PRESENT STATUS OF TREATMENT by R. Rodney Howell, M.D.

Pamphlet, 10 pp., 1973 To order: RS-190

Reviews mechanisms in genetic disease with a scientific and ethical discussion of approaches to therapy.

GRIEF RESPONSE OF PARENTS TO NEONATAL DEATH AND PARENT PARTICIPATION IN DECIDING CARE by D. Gary Benfield, M.D., Susan Leib, Ph.D., and John H. Vollman, M.D.

Pamphlet, 7 pp., 1978 To order: RS-207

Analyzes questionnaires and interviews with 50 mother-father pairs following deaths of their newborns. Included is a consideration of the parent-doctor relationship in decisions to limit care and some practical suggestions for helping

A GUIDE TO HUMAN CHROMOSOME DEFECTS by Lawrence P. Wisniewski, Ph.D., and Kurt Hirschhorn, M.D.

Pamphlet, 16 pp., 2nd edition, 1980

parents through the grief process:

To order: Vol. XVI, No. 6; first copy free, \$.50 for each additional copy with a minimum order of 10

Designed for use by physicians, teachers of biology, and other health professionals involved in counseling or in teaching new students about human chromosomes.



GUIDELINES FOR STUDIES OF HUMAN POPULATIONS EXPOSED TO MUTAGENIC AND REPRODUCTIVE HAZARDS edited by Arthur D. Bloom, M.D.

Book, 163 pp., 1981 To order: \$10 prepaid

Created by leading scientists in an effort to avoid future Love Canals. Sets guidelines for proper handling of exposure to toxic wastes.

GUIDELINES FOR THE ETHICAL, SOCIAL AND LEGAL ISSUES IN PRENATAL DIAGNOSIS by T.M. Powledge, M.S., and J. Fletcher, Ph.D.

Journal article reprint
To order: PE PRS-10

This report from the Genetics Research Group of the Hastings Center discusses the criteria for perinatal diagnostic programs. Makes recommendations for professionals who work with clients in need of genetic counseling.

IDENTIFICATION AND EVALUATION OF HIGH-RISK PREGNANCY: THE PERINATAL CONCEPT by R. H. Aubry, M.D., and J. C. Pennington, M.B.

Journal article reprint To order: PE PRS-9

Reports on the use of a Maternal and Child Health Care Index to identify the high-risk fetus and newborn.

INTERNATIONAL DIRECTORY OF GENETIC SERVICES compiled by Henry T.

Lynch, M.D. Pamphlet, 54 pp., 6th edition, 1980 To order: Request by title

Lists genetic counseling centers throughout the world and the services offered at each center.

THE LOW-BIRTH-WEIGHT INFANT - EVOLUTION OF A CHANGING OUTLOOK by
M. Hack, M.B., Ch.B., and others
Journal article reprint
To order: PE PRS-12

Reviews the studies on the immediate and long-term outcomes for very low-birth-weight infants, with particular attention given to the study conducted at the University Hospitals of Cleveland. Recommends ways to reduce the incidence of low-birth-weight infants and to improve the outcome for these newborns:





\* NUTRITION INTERVENTION IN THE COMMUNITY - THE "WIC" PROGRAM, by J. Berkenfield, M.B.A., and J. B. Schwartz, M.S., R.D. Journal article reprint
To order: PE PRS-14

Reports on the Women, Infants) and Children (WIC) program in Massachusetts, the eligibility requirements and services provided, and the improved outcome for the newborns.

PREGNANCY AND CHILDBEARING DURING ADOLESCENCE: RESEARCH
PRIORITIES FOR THE 1980s, edited by Elizabeth R. McAnarney and Gabriel Stickle

Book, 182 pp., 1981

To order: Send order to: Alan R. Liss, Inc., 150 Fifth Ave., New York, NY 10011, \$28

Provides an overview of the incidence, risks, and consequences of pregnancy and childbearing for both the adolescent and the infant. Indicates research priorities for the 1980's.

PRENATAL DIAGNOSIS OF INBORN DEFECTS: A STATUS REPORT by Henry L. Nadler, M.D.

Pamphlet, 11 pp., 1975 To order: RS-196

Covers amniocentesis, ultrasound, amniography and fetoscopy in the prenatal detection of chromosomal defects, disorders of metabolism (carbohydrate, lipið, and amino acid), CNS malformations, and hemoglobinopathies.

PRENATAL GENETIC DIAGNOSIS IN 3000 AMNIOCENTESES by Mitchell S. Golbus, M.D., William D. Loughman, Ph.D., Charles J. Epstein, M.D., and others

Pamphlet, 7 pp., 1979 To order: RS-204

Analyzes 3000 consecutive amniocenteses for prenatal diagnosis, assessing the frequency of abnormalities, safety of the procedure, technical and interpretive difficulties, and overall diagnostic accuracy.

PREPARENTING AND PRENATAL CARE: FIRST STEPS TO HIGH LEVEL WELLNESS by T. J. Byrne, Ph.D., and others

Reprint

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To order: PE PRS-13 "

Reviews the factors that adversely affect fetal and neonatal development and well-being such as teratogens, infections, nutrition, genetic factors, prescriptions, nonprescription drugs, and infectious agents. Discusses the need for prenatal care and offers specific guidelines that should be given to every pregnant woman.



REPRODUCTIVE PASTS, REPRODUCTIVE FUTURES: GENETIC COUNSELING AND ITS EFFECTIVENESS by James R. Sorenson, Judith P. Swazey, and Norman A. Scotch

Book, 214 pp., 1981

To order: Send order to: Alan R. Liss, Inc., 150 Fifth Ave., New York, NY 10011, \$32

Analyzes data from 1,369 cases in 47 clinics located in 25 States; it is the first extensive study of the effectiveness of genetic counseling.

SPINA BIFIDA, by John Freeman, M.D.

Pamphlet, 4 pp., 1980 To order: RS-212

10 brder: N3-212

Describes the problems and prognosis of children with spina bifida, with emphasis on the importance of team care.

\* TERATOGENIC EFFECTS OF ALCOHOL IN HUMANS AND LABORATORY ANIMALS by Ann Pytkowicz Streissguth, Sharon Landesman-Dwyer, Joan C. Martin, and David W. Smith

Pamphlet, 9 pp., 1980

To order: RS-214

Reviews clinical studies of children with classic fetal alcohol syndrome, prospective human studies of maternal drinking, and research in experimental animals on the teratogenic effects of alcohol.

## AUDIOVISUAL MATERIALS

THE UNIQUE INDIVIDUAL (Section I of "Early Parent-Infant Relationships")

Slides, 1978, accompanied by tape

To order: Request "Early Parent-Infant Relationships" and send prepayment to Material and Supply at above address; \$80

Illustrates sleeping, crying, and other activities and states of the newborn. Includes newborn behaviors such as cuddling, consolability, and auditory and visual responses. Emphasizes how each newborn is different in behavior and how this affects interaction with parents; suitable for use in childbirth education classes.

#### MARCH OF DIMES BIRTH DEFECTS FOUNDATION

#### Public Health Education Department

The main goal of the March of Dimes Public Health Education Department is to encourage personal and group behavior patterns which are conducive to healthy childbearing. This includes the development of comprehensive health education materials for schools, pregnant women and their families, and the public in general. Grants provide educational services for pregnant teenagers, other maternity patients, students, teachers, WIC clients, and others.

#### TO ORDER:

All materials are available from local March of Dimes chapters listed in telephone directories. Items may also be ordered from March of Dimes, Supply Division, 1275 Mamaroneck Ave., White Plains, NY 10605. Materials are free unless price is indicated. Include computer number when ordering.

#### PRINTED MATERIALS

<u>BE GOOD TO YOUR BABY BEFORE IT IS BORN</u> (also available in Spanish)

Pamphlet, 12 pp., 1982

To order: 9-0002 (9-0119, Spanish)

What every pregnant woman wants and needs to know to help protect her baby's health and her own.

BIRTH DEFECTS: TRAGEDY AND HOPE

Pamphlet, 16 pp., 1981

To order: 9-0026

Includes comprehensive information on the kinds of birth defects and their causes, detection, diagnosis, treatment, and prevention.

CHOOSING PARENTHOOD, STARTING A HEALTHY FAMILY, UNIT I

Teaching package, 1979
To order: 9-0243; \$35

Explores the choices and life changes that people face when becoming parents or approaching the parenting decision. Includes a Teacher's Guide (95 pp.), 10 student booklets (90 pp.), 3 educational posters, and 6 case studies on 3 audiocassettes.

DAD...IT'S YOUR BABY TOO

Pamphlet, 1 p., 1982 To order: 9-0237

Emphasizes the importance of the support role of the father-to-be.



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## D\*A\*T\*A - DRUGS, ALCOHOL AND TOBACCO ABUSE DURING PREGNANCY

Pamphlet, 8 pp., 1980 To order: 9-0029

Details about the possible risks to an unborn baby from prescription and over-the-counter drugs, as well as from alcohol and cigarettes.

# DAYS OF CHANGE, PREPARENTHOOD EDUCATION PROGRAM COMIC BOOK (also available in Spanish)

Pamphlet, 32 pp., 1978

To order: 9-0196 (9-0212, Spanish); \$6 for 20

Comic book on parenting, with a pregnancy check list and nutrition information.

## DOWN SYNDROME INFORMATION SHEET (also available in Spanish)

Pamphlet, 2 pp., 1981

To order: 9-0174 (9-0203, Spanish)

Describes causes and effects of this form of mental retardation. Covers questions most asked by families with a Down syndrome child.

## FAMILIES AND FUTURES, STARTING A HEALTHY FAMILY, UNIT III

Teaching package, 1979 To order: 9-0245, \$20

Illustrates how individuals and communities can help children with special needs. Also indicates the steps parents can take before and during pregnancy to provide a healthy and safe environment for the children. Includes a Teacher's Guide (95 pp.), 10 student booklets (64 pp.), a set of educational posters, and a case-study audiocassette.

## FAMILIES WITH SPECIAL NEEDS CHILDREN, STARTING A HEALTHY FAMILY,

#### UNIT II

Teaching package, 1979 To order: 9-0244, \$20

Provides a frank, in-depth look at birth defects - the causes and how to guard against them. Parents speak openly about the pain, frustration, burdens, and ultimate rewards of raising children with special needs. Includes a Teacher's Guide (95 pp.), 10 student booklets (48 pp.), a classroom filmstrip, and 3 case studies on 2 audiocassettes.

#### FAMILY HEALTH TREE

Pamphlet, 6 pp., 1981 To order: 9-0238

Designed as a family project to trace health histories over four generations.

FAMILY MEDICAL RECORD (also available in Spanish)

Pamphlet, 4 pp., 1980

To order: 9-0005 (9-0168, Spanish)

A simple, comprehensive form for keeping vital family health records and information.

## FOOD FOR THOUGHT...AND EATING, PREPARENTHOOD EDUCATION PROGRAM, FACTS BOOK

Pamphlet, 32 pp., 1978

To order: 9-0195 (9-0214, Spanish); \$5 for 20

Discusses myths and misconceptions regarding nutrition in pregnancy. Menus and text are ethnically balanced and appropriate for the teenage audience.

### GENETIC COMMEMORATIVE STAMP ALBUM

Pamphlet, 8 pp., 1980

To order: 9-0229; \$10 for 100 with Leader's Guides

A classroom activity in human genetic education for elementary students.

#### GENETIC COUNSELING

Pamphlet, 22 pp., 1980 To order: 9-0222

Explains the "why" and "how" of family health histories and scientific tests for inherited conditions; for families referred to genetic counselors, students, and allied health workers.

## HEALTHY MOTHERS, HEALTHY BABIES CHART

Poster, 36" x 22", color, 1981 To order: 9-0256; \$5 for 5

Chart outlining the objectives for learners in each area at the various grade levels discussed in the concepts guide, below. Provides organized and sequential curriculum development.

## HEALTHY MOTHERS, HEALTHY BABIES CONCEPTS GUIDE

Pamphlet, 64 pp., 1981 Jo order: 9-0255; \$13 for 5

A framework for preschool through high school educators to assist in developing curricula for preparation for healthy, responsible childbearing. Covers four key concept areas: nutrition, environmental factors, genetics, and human growth and development.



## INSIDE YOUR BODY/INSIDE YOUR HEAD, PREPARENTHOOD EDUCATION

PROGRAM (also available in Spanish)

Pamphlet, 32 pp., 1978

To order: 9-0194 (9-0213, Spanish); \$5 for 20

A facts book component of the PEP Kit dealing with preparation for childbearing. Focuses on the physical and emotional aspects of pregnancy.

## JUNK FOOD BLUES, PREPARENTHOOD EDUCATION PROGRAM

Pamphlet, 32 pp., 1978

To order: 9-0198; \$6 for 20

Comic book component of the PEP Kit containing practical suggestions on nutrition for a pregnant teenager.

#### LEADERS ALERT NO. 30, ADOLESCENT PREGNANCY

Pamphlet, 2 pp., 1981

To order: 9-0177

Discusses problems facing adolescent mothers and society when teenagers become pregnant. Describes alliance programs with other organizations.

#### LIGHT-UP EXHIBIT

Exhibit, 14" x 21", color, 3 panels, 1979 To order: 9-0191; \$10 including batteries

Designed especially for elementary and junior high schools. Three interchangeable light-up panels feature quizzes on drugs, alcohol, tobacco, and nutrition.

## POSTERS ON DRINKING, SMOKING AND DRUGS IN PREGNANCY

Posters, set of 3, 16" x 21", color, 1981 To order: 9-0240, \$5 per set

Striking messages on dangers of smoking, drinking, and unprescribed drug use during pregnancy.

PREGNANT? BEFORE YOU DRINK, THINK... (also available in Spanish)

Pamphlet, 2 pp., 1980

To order: 9-0165 (9-0172, Spanish)

Information about fetal alcohol syndrome and the damaging effects of excessive drinking on the unborn child.

PREPARENTHOOD EDUCATION PROGRAM (PEP KIT) CLASSROOM SET (also available in Spanish)

Teaching Package, 1978

To order: Classroom set 9-0176 (9-0211, Spanish); \$33

A curriculum focusing on health care and nutrition during pregnancy. Designed primarily for school-age parents, PEP is appropriate for general use in junior and senior high schools, prenatal care clinics, hospitals, and WIC sites. Contains 40 fact books, 80 comic books, 3 sets of nutrition information cards, 2 teacher's guides, a time-line growth chart, and 3 posters.

APREPARENTHOOD EDUCATION PROGRAM (PEP KIT) PROMOTION SET (also available in Spanish)

Teaching Package, 1978

To order: 9-0198 (9-0216, Spanish); \$8.50

Single copies of all components in PEP Classroom Kit.

RECIPE FOR HEALTHY BABIES

Pamphlet, 3 pp., 1981 To order: 9-0219

Explains benefits of good nutrition for mother and baby. Includes a sample menu.

SEMINARS FOR PARENTS ON ADOLESCENT SEXUALITY, STARTING A HEALTHY FAMILY, UNIT IV

Teaching Package, 1979 To order: 9-0246; \$20

Provides parents with an understanding of the physical, emotional, and social aspects of their adolescents' emerging sexual identities as well as their own values about sexuality. Designed to promote open, supportive communication between parents and their children. The kit includes a Leader's Guide (146 pp.), Parents' Packet (141 pp.; unbound reprints of elements in Leader's Guide for participants in the seminars), and eight case studies on four audiocassettes.



#### SEXUALLY TRANSMITTED DISEASES

Pamphlet, 2 pp., 1981

To order: 9-0235

Knowing the symptoms, treatment, and prevention of venereal diseases can protect against birth defects; gives young people the facts.

### SICKLE CELL ANEMIA INFORMATION SHEET

Pamphlet, 2 pp., 1981 To order: 9-0001

Illustrated question and answer sheet explains this hereditary blood disease.

## STARTING A HEALTHY FAMILY, AN EDUCATIONAL PROGRAM, CLASSROOM SET

Teaching package, 1979 To order: 9-0241; \$85

Program presents parenthood in ways relevant to young people and sensitive to community concerns. The interdisciplinary program can be easily integrated into classes for health, home economics, life planning, life sciences, biology, or social studies for junior and senior high school students. Kit includes 30 student booklets, 10 cassette tapes, a filmstrip, Teacher's Guide, Leader's Guide, Parents' Packet , and 4 posters.

#### STARTING A HEALTHY FAMILY STARTER SET

Teaching package, 1979 To order: 9-0242; \$60

Single copies of all components of the Starting A Healthy Family Classroom Set.

#### TAY SACHS INFORMATION SHEET

Pamphlet, 2 pp., 1981 To order: 9-0100

Illustrated question and answer sheet explains this hereditary disease.

### THALASSEMIA/A BIRTH DEFECT INFORMATION SHEET

Pamphlet, 2 pp., 1981 To order: 9-0041

Illustrated question and answer sheet discusses key facts about this hereditary blood disease.

TIME-LINE CHART OF FETAL DEVELOPMENT - HOW A BABY GROWS (also available in Spanish)

Poster, 56" x 16", color, 1978 To order: 9-0204 (9-0202, Spanish); poster, \$2 9-0192 (9-0205, Spanish); Easel-backed exhibit,

Bright blue and white bands show the month-by-month development of the fetus. Has information on the changes which occur each month to both mother and unborn child and includes valuable tips on prenatal care. Useful in schools, hospitals, doctors' waiting rooms, libraries, and health and science fairs.

#### YOUR SPECIAL CHILD

Pamphlet, 16 pp., 1982 To order: 9-0239

Supportive and encouraging information for parents of children with special needs.

### AUDIOVISUAL MATERIALS:

#### ALCOHOL: CRISIS FOR THE UNBORN

Film, 16mm, sound, color, 7:50 minutes, 1979

Videocassette, 3/4"

To order: \$45 for film, \$35 for videocassette; priority/preview, \$10 prepaid; free loan available by title and show date

Dealing with the fetal alcohol syndrome, this film shows the tragic outcome of drinking alcohol during pregnancy. Recommended by The National Education Association, the film is suitable for junior and senior high school classes in biology, health education, home economics, and social studies, as well as community education programs in churches, clubs, health departments, hospitals, and employee health education groups. Teacher's Guide included with all prints.

#### **BORN HOOKED**

Film, 16mm, sound, color, 13:30 minutes, 1978

Videocassette, 3/4"

To order: \$65 for film, \$35 for videocassette; priōrity/preview, \$10 prepaid; free loan available by title and show date

Views complex medical, social and ethical problems related to the pregnant drug addict and to the newborn suffering from narcotic withdrawal. Recommended by the National Education Association, the film is suitable for classes in biology, family life education, general science, home economics, and social studies. Many adult groups can use the film for health education programs with civic groups, hospitals, employee organizations, and health professionals. Teacher's Guide included with all prints.

#### THE CASE AGAINST RUBELLA

Film, 16mm, sound, color, 8 minutes, 1969 To order: Free loan only by title and show date

Discusses and illustrates the tragic effects of rubella on a baby whose mother contracts it during pregnancy and the development and successful use of a vaccine to prevent rubella. Provides valuable information on immunization for junior and senior high school students.

### GENERATION TO GENERATION: GENETIC COUNSELING

Multimedia kit, color, 124. slides or 19:02-minute filmstrip, audiocassette, 1977

To order: \$10 for filmstrip set, \$15 for slide set

Explains medical genetics in easily understood terms and discusses inherited diseases and genetic counseling through the use of case histories. A showing guide, narration sheet, and Genetic Counseling booklet are included in kit. Suitable for young people in a variety of health education programs.

## INSIDE MY MOM (also available in Spanish)

Multimedia kit, cartoon, color, 78 slides or 7:45-minute filmstrip, audiocassette, 1974
To order: \$10 for filmstrip set, \$15 for slide set

Provides food for thought for parents, parents-to-be, and the next generation of parents. Combining cartoon animation with live action, it offers sound nutritional advice in an informal manner. Used with the showing guide it is a versatile lead-in for discussion about the basics of preventive health care.

#### KEEP ON WALKING

Film, 16mm, sound, color, 8 minutes, 1975 To order: Free loan only by title and show date

The appeal, strength, and courage of Marty Mim Mack are again captured on film. At the age of eleven, Marty demonstrates the use of his new prosthetic arms. He dives, swims, and writes. A strong and moving study of human triumph over disabilities for elementary, junior, and senior high schools.

#### LITTLE MARTY

Film, l6mm, sound, color, 5 minutes, 1972 To order: Free loan only by title and show date

Highlights in a day with Marty, age 8, born with no arms and a short leg. With articificial arms and a built-up shoe, he is able to feed himself, paint, type, swim, and play ball, revealing great determination and courage. For elementary, junior, and senior high school students.

#### NOW THAT APRIL'S HERE

Film, 16mm, sound, color, 19 minutes, 1975 To order: Free loan only by title and show date

Prenatal diagnosis and treatment in the womb enables April Murphy to survive, although her genetic problem caused the death of an earlier sibling. Suitable for high school and college classes in biology and genetics, hospitals, church groups, and employee health education groups.

#### THE ONE OF US

Multimedia kit, color: Part I, 123 slides or 19-minute filmstrip, cassette; Part II, 109 slides or 15-minute filmstrip, cassette; 1981
To order: \$25 for filmstrip set, \$35 for slide set

Deals with environmental hazards to the fetus including all aspects of reproductive damage. Gives an audiovisual journey through the womb, showing the fetus throughout various stages of development. Part I focuses on hazards that affect the unborn baby, e.g., drugs, infections, smoking, alcohol, and nutritional deficiencies that can be prevented by individual choices. Part II focuses on other environmental hazards to fetal development, e.g., industrial pollutants, chemicals such as pesticides, and occupational dangers that usually require collective action. Complete with discussion guide, each part has separate audiovisuals and may be shown separately. Designed principally for high school and junior college usage, the audiovisual can be used in other adult settings to reinforce maternal/newborn health messages.

#### TOMORROW HAPPENS TODAY

Multimedia kit, color, 19:25-minute filmstrip, audiocassette, showing guide, 1973
To order: \$10

Covers prenatal care and protecting the unborn child from VD, rubella virus, drugs, industrial pollutants, malnutrition, and genetic defects. Suitable for showing to young women in a variety of educational settings.

#### UNFINISHED CHILD

Film, 16mm, sound, color, 30 minutes, 1976 Videocassette, 3/4"

To order: \$135 for film, \$50 for videocassette; priority/preview, \$10 prepaid; free loan available by title and show date

Documentary, narrated by Patricia Neal, dealing with the impact of maternal, fetal, and infant malnutrition on mental and physical development. Links the poverty cycle and nutrition of the poor with circumstances which keep the cycle unbroken. Recommended for use in high school home economics and family life classes.

#### WOMAN-CHILD

Film, 16mm, sound, color, 15 minutes, 1978
Videocassette, 3/4"
To order: \$80 for film, \$35 for videocassette;
priority/preview, \$10 prepaid; free loan available by title and show date

Looks at the serious problem of children having children. Considers some of the consequences of adolescent pregnancy through the eyes of six teenagers. Stresses the importance of prenatal care and offers some reasons most teenagers don't receive it. Appropriate for junior and senior high school students, the film includes a teaching guide with discussion points and suggested learning activities.



## NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN

The purpose of the National Association for the Education of Young Children (NAE C) is to serve the needs and rights of young children and towact on their behalf. Its primary focus is on the provision of educational services and resources to adults who work with and for children.

#### TO .ORDER:

Send orders to the National Association for the Education of Young Children, 1834 Connecticut Ave. NW., Washington, DC 20009. Orders of over \$10 may be placed by telephone: (202)232-8777 or (800)424-2460. Prepayment must accompany orders under \$10. Add 10 percent of the amount of the order for postage and handling. The following quantity discounts are available:

Number of cópies	·ar	Discount
10-49 copies	-	<sup>1</sup> 10%
50-99 copies		20%
Over 100 copies	Ü	25%

#### PRINTED MATERIALS:

\* EDUCATION FOR PARENTING by Mary B. Lane Book, 94 pp., 1975
To order: No. 108; \$3

Discusses alternatives for program development through successful work with parents.

A GOOD BEGINNING FOR BABIES: GUIDELINES FOR GROUP CARE by Anna Willis and Henry Ricciuti
Book, 213 pp., 1975
To order: No. 212; \$5.25

Offers practical ideas for infant group care for administrators, caregivers, and new parents.

INFANTS: THEIR SOCIAL ENVIRONMENTS edited by Bernice Weissbourd and Judith Musick
Book, 213 pp., 1981
To order: No. 319: \$7

Covers recent research and projects dealing with infant competency, development assessment day competency.

competency, development assessment, day-care, disabilities, fathers' interactions, parent programs, and social policy.



## NATIONAL ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN (Cont.)

MOTHER/CHILD, FATHER/CHILD RELATIONSHIPS edited by Joseph H.

Stevens and Marilyn Mathews
Book, 259 pp., 1978
To order: No. 312; \$4.75

Reviews research on parent-infant attachment, the impact of divorce, minority families, changing parental roles, and the father's influence on development.



### NATIONAL ASSOCIATION OF STATE BOARDS OF EDUCATION

The National Association of State Boards of Education (NASBE) is a nonprofit, private association that represents State and Territorial boards of education in 48 States, 5 Territories and the District of Columbia. Its principal objectives are to: strengthen State leadership in education policymaking, promote excellence in the education of all students, advocate equality of access to educational opportunity, and assure responsible lay governance of public education.

#### TO ORDER:

Send orders to NASBE, 444 North Capitol St. NW., Suite 526, Washington, DC 20001. Prepayment is required.

#### PRINTED MATERIALS

HOW TO BE AN EFFECTIVE ADVOCATE
Book, ca. 100 pages, 1981

To order: \$4.75

Discusses steps in lobbying that simplify the complex process of advocacy. Describes dealing with the media and activating a network. Intended for use by novice and experienced advocates.

SUGGESTED SERVICES AND POLICIES RELATED TO ADOLESCENT PARENTHOOD

Book, 104 pages, 1981
To order: \$9.50

Chapter One provides a "shopping list" of services needed by pregnant adolescents and adolescent parents and ideas for developing or expanding services. Chapter Two describes the process by which policies regarding adolescent parents are developed, and provides recommendations for developing and implementing State-level policies. Chapter Three explains interagency collaboration and suggests ways to facilitate it. Intended for use by professionals in the field of adolescent pregnancy and by policymakers.





### NATIONAL CENTER FOR CLÍNICAL INFANT PROGRAMS

The National Center for Clinical Infant Programs (NCCIP) is a nonprofit, tax-exempt corporation established in 1977 by lay and professional leaders in the fields of mental health, pediatrics, and child development. The National Center aims to improve and support professional initiatives in infant mental health and development.

### PRINTED MATERIALS

#### CLINICAL INFANT REPORTS

Book series, 1981 +
To order: International Universities Press, 315 Fifth
Ave., New York, NY 10016

A new series of book-length publications which will include reports of empirical, clinical, and developmental research; clinical case studies; and practical program descriptions. The first report is Psychopathology and Adaptation in Infancy in Early Childhood: Principles of Clinical Diagnosis and Preventive Intervention by Stanley I. (Greenspan (260 pp., \$22.50).

## ZERO TO THREE

Periodical, published 4-6 times a year To order: NCCIP, 733 15th St. NW., Suite 912, Washington, DC 20005, \$10 per year

Provides professionals working with infants and their families with reports on research in progress; profiles of clinical programs; discussion of current issues in the field; and news of government and private activity, conferences, and publications.



#### NEW YORK STATE DEPARTMENT OF HEALTH

#### Office of Health Education Promotion Services

The Office of Health Education Promotion Services serves as a focal point for health promotion in New York State and is charged with the development and implementation of a statewide health promotion program. In doing so, the Office prepares a variety of bilingual, multimedia informational materials on a wide range of topics for health professionals and the general public.

#### TO ORDER:

Individual copies of publications may be obtained free of charge from the New York State Health Department, Office of Health Education Promotion Services, Room 1084, Tower Bldg., Empire State Plaza, Albany, NY \*12237. Larger quantities are available to New York State residents free of charge. Out-of-State requesters can purchase additional supplies. Call or write the Office of Health, Education Promotion Services for prices and ordering information. Its telephone number is (518)474-5370.

## PRINTED MATERIALS:

# BREASIFEEDING...GOOD FOR YOUR BABY AND GOOD FOR YOU Poster, 17" x 22", color

Utilizes striking graphic of breastfeeding mother and baby to promote the concept of breastfeeding.

#### BREASIFEEDING MANUAL Pamphlet, 6 pp., 1981

A simple "how-to" guide for pregnant women and new mothers that describes the preparation and procedure for breastfeeding.

# THE FIGURES ON OUR TEENAGERS ARE ALARMING (also available in Spanish) Pamphlet, 4 pp., 1979

Discusses the causes and problems of teenage pregnancy as well as some helpful interventions for adults.

Poster, 16" x 20", black and white

Conveys the seriousness of the problem of teenage pregnancy.



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### NEW YORK STATE DEPT. OF HEALTH (Cont'd.)

TAKE CARE OF YOUR BABY RIGHT FROM THE START (also available in Spanish)

Pamphlet, 1-fold, 1981

Stresses the do's and don'ts of good prenatal care and urges women who are or who might be pregnant to follow them. Features stork character as "healthy baby expert."

## TAKE CARE OF YOUR BABY RIGHT FROM THE START Poster, 12" x 52", color

A colorful wall calendar including informative tips for each week of pregnancy and space for notes or doctor's appointments. Features stork.

Counter Top Brochure Holder, 9-3/4" x 17", colop

Stands upright with pocket for neat, prominent brochure display. Features stork.

Poster, 25-1/2" x 12", color

Graphically illustrates three prenatal health rules: don't smoke; don't drink; eat right. Features stork.

# THINK ABOUT BREASTFEEDING NOW (also available in Spanish) Pamphlet, 2-fold, 1980

Lists the benefits of breastfeeding - for mother and baby - and urges pregnant women to consider it and plan for it before their babies are born. Features cartoon characters.

Poster, 17" x 22", color (3 versions: white character/English; black character/English; Hispanic character/Spanish)

Urges pregnant women to consider breastfeeding before their babies are born.

## NEW YORK STATE DEPT, OF HEALTH (Cont'd.)

## AUDIOVISUAL MATERIALS:

## HEALTHY BABY TV PUBLIC SERVICE ANNOUNCEMENTS

Videocassette, 3/4" and 2" quad, 1981 To Order: Free preview; call for purchasing information

This series of six TV PSA's targets pregnant women and urges them to practice good prenatal health habits to lower their risk of having a low-birth-weight baby; can be tagged for another organization's use. The PSA's are:

No. 1 "I'm Pregnant!" - 60 seconds

No. 2 Physician - 60 seconds

No. 3 "I'm Pregnant!" - 30 seconds

No. 4 Friends - 30 seconds No. 5 Physician - 20 seconds

No. 6 Physician (Spanish) - 60 seconds



## PLANNED PARENTHOOD FEDERATION OF AMERICA

The Planned Parenthood Federation of America is a voluntary family planning and reproductive health organization. Its efforts are aimed at promoting freedom of choice in contraception and abortion. Educational programs are directed primarily at specific problems such as unwanted pregnancies among adolescents.

#### TO ORDER:

Send orders to Planned Parenthood Federation of America, Inc., 810 Seventh Ave., New York, NY 10019. Prepaid orders should include 15 percent to cover postage and handling. For single copies of publications, include, a minimum of \$.50 for postage and handling. California residents must add the applicable State Use tax.

#### PRINTED MATERIALS:

#### ABOUT CHILDBIRTH

Pamphlet, 16 pp., 1978
To order: No. 1583; \$.50, \$15 for 100

Important facts for prospective mothers and fathers on the birth experience before, during, and after delivery; easy to read; for all age groups.

ALCOHOL AND DRUG ABUSE AMONG WOMEN IN CHILD-BEARING YEARS by Lelia V. Hall and Dolores Finger Wright
Journal article reprint, 6 pp., 1977
To order: No. 1578; \$.50, \$5 for 50

Discusses the effects of dependency and presents evidence that alcohol and drugs cross the placental barrier with potential harm to the fetus. Gives guidelines for recognizing the addicted patient, stresses referral to various agencies and other health and helping professionals. Reprinted from Ingage/Social Action magazine.

#### CARING FOR TWO

Pamphlet, 8 pp., 1981 To order: No. 1629; \$.50, \$15 for 100, \$120 for 1000

Discusses the importance of early and ongoing prenatal care. Directed primarily at teenagers. This is the second pamphlet in the Pregnancy Resource Books series.

#### CONSIDERING WHAT TO DO

Pamphlet, 8 pp., 1981 To order: No. 1628; \$.50, \$15 for 100, \$120 for 1000

Deals with the importance of early pregnancy detection and discusses some decisionmaking considerations and possible options. Directed primarily at teenagers. This is the first pamphlet in the Pregnancy Resource Books series.

\* for professionals



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## PLANNED PARENTHOOD (Cont'd.)

## DECIDING ON ABORTION

Pamphlet, 12 pp., 1981

To order: No. 1630; \$.50, \$15 for 100, \$120 for 1000

Discusses procedures, aftercare, costs, and finding services. Directed primarily at teenagers. This is the third pamphlet in the Pregnancy Resource Book series.

## PREGNANCY RESOURCE BOOKS

A series of three pamphlets; see three entries above.



#### THE SALVATION ARMY

## Eastern Territory

## Social Services Department

The Salvation Army's approach today is based on the belief that young people will make good decisions about their lives if they are given help in understanding themselves, their feelings, their bodies, and their relationships with peers and family. It believes that such help must come from adults who care about them individually, who are interested in them personally, who will be supportive under all circumstances and who will help them build the capacity to take charge of their own lives. This includes knowledge about the resources the community offers and a guarantee of access to these resources. It is the goal of The Salvation Army to help young people take charge of their own lives, based in self-respect; to make available information about their physical and emotional needs; and to help them to acquire skillfulness in using community resources.

#### TO ORDER:

Send orders to The Salvation Army, Social Services Department, 120 West 14th St., New York, NY 10011. Include \$1 for postage and handling for the first five items; for more than five, actual cost will be billed. All materials are photocopied on 8-1/2" x 11" paper.

## PRINTED MATERIALS:

#### ALL ABOUT CHILDREN

Pamphlet, 73 pp., 1976

To order: \$5

Six units tested with teenagers in an ongoing organized group. Emphasizes knowledge about children, marriage and family life, and skills development; fully documented.

#### BREAKING BARRIERS

Pamphlet, 69 pp., 1976

To order: \$5

A Workshop Series In Human Relations Skills: eight sessions based on <u>Liberated Parents/Liberated Children</u> by Adele Faber and Elaine Mazlish. Emphasizes self-esteem and skills development; fully documented.

## THE SALVATION ARMY (Cont'd.)

#### A CHILD IN OUR MIDST

Pamphlet, 78 pp., 1979

To order: \$5

A three-unit seminar, geared to adult groups. Emphasizes sensitization to potential child abuse and neglect and ways to be helpful; fully documented.

#### EVERY CHILD AND FAMILY MATTERS

Pamphlet, 33 pp., 1976

To order: \$3.50

Four units of varying length, tested with teenage girls in a residential setting; also for outreach to other community groups. Emphasizes knowledge about child growth and development, how to parent, building self-esteem, and independent living skills; detailed outlines.

#### FAMILY LIFE PROGRAM

Pamphlet, 38 pp., 1976

To order: \$3.50

Four units, tested with parents and grandparents of teenagers. Emphasizes child growth and development, dealing with stress, guiding behavior, and the family in the community; fully documented.

#### LEARNING ABOUT FAMILIES

Pamphlet, 55 pp., 1976

To order \$ \$3.50

\*\*Twelve units for high school seniors and college freshmen. Tested with counselors in training for overnight camps. Emphasizes self-understanding, personal values, relationships with others, knowledge about children and parenting, and skills development; fully documented.

#### STRENGTHENING FAMILY LIFE

Book, 106 pp., 1978

To order: \$5

A three-unit seminar with emphasis on producing and rearing babies by providing sound homes and healthy communities.

+ Produced in conjunction with The Salvation Army Territorial Home League Department



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## THE SALVATION ARMY (Cont'd.)

#### TENDER LOVING CARE

Pamphlet, 33 pp., 1976 To order: \$3.50

Units of varying length. Tested in a residential setting with a mobile group of pregnant teenagers, young mothers, and their babies. Emphasizes building self-esteem, developing knowledge about the growth, development, and care of young children, and learning community resources. Provides outlines.

## YOUTH IN EDUCAȚION SERVICE - YES

Pamphlet, 99 pp., 1976 To order: \$5

Sixteen units tested with teenage leaders in community center programs. Emphasizes self-understanding, values clarification, knowledge about child growth and development, how the community operates, and skills development; fully documented.



#### SOCIETY FOR NUTRITION EDUCATION

The Society for Nutrition Education promotes nutritional well-being through education, communication, and education-related research. Its resource publications and films are designed to further that qoal.

## TO ORDER:

Individual copies of publications and films may be obtained from the Society for Nutrition Education, 1736 Franklin St., Oakland CA 94612. Prepayment is requested. For orders under \$5, add \$.75 for postage and handling.

#### PRINTED MATERIALS:

## THE FAMILY HEALTH COOKBOOK

Book, 284 pp., 1980 To order: \$9.95

Contains basic nutrition information for prequant women, infants, and adolescents. Each of the more than 250 recipes is followed by a breakdown of its protein, fat, sodium, calorie, and major vitamin and mineral content.

## FIRST FOODS PARENTS GUIDE (also available in Spanish)

Pamphlet, 8 pp., 1980 To order: . \$1.50.

Helps parents make the introduction of a baby's first solid foods a successful experience. Includes practical information on when and how to start feeding semi-solid foods; sources of protein, iron, and essential vitamins; safe home preparation of baby foods; and buying and using commerical baby foods. Economical ways to ensure balanced nutrition are emphasized.

#### INFANT NUTRITION AND FEEDING

Pamphlet, 17 pp., 1980

To order: \$4

Geared for both professionals and parents, this listing of 100 resources includes books, pamphlets, periodical articles, periodicals, and audiovisuals about the nutritional care of infants.

## NUTRITIONAL MANAGEMENT OF HIGH-RISK PREGNANCY

Pamphlet, 44 pp., 1981

To order:

Explores in detail the role of diet in helping to lessen the incidences of perinatal mortality and neonatal complications in pregnant women who are under 17 years of age or who have diabetes or preeclampsia. A reference manual for professionals.

\* for professionals



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## SOCIETY FOR NUTRITION EDUCATION (Cont'd.)

#### PREGNANCY AND NUTRITION

Ramphlet, 20 pp., 1982 \$4

To order:

Lists over 100 resources including books, pamphlets, audiovisuals, professional and popular periodical articles, and Spanish-language materials.

## WHAT SHOULD I EAT?

Poster, 17", 1975

To order: \$1

Illustrates the best food sources of protein, vitamins A and C, iron, calcium, and folic acid, and the recommended number of servings per day of seven food groups that supply these nutrients. The increased nutritional needs of pregnant women and desired weight gains during pregnancy are also discussed.

#### AUDIOVISUAL MATERIALS:

FIRST FOODS (also available in Spanish)

Film, 16mm, sound, color, 14 minutes, 1978

Videocassette, 3/44; super 8mm Fairchild cassette also

To order: '\$330 for film, \$305 for 3/4" videocassette;

rental, \$35 for 1 week; 8mm cassette by

special order only

Presents basic information on feeding infants during the first year of life, including how to introduce solid food to babies, home preparation of baby foods, and tips for the selection of commercial baby foods. Includes leader's guide (English only) and 20 parents' guides (English and Spanish.)

GREAT EXPECTATIONS (also available in Spanish)

Film, 16mm, sound, color, 22 minutes, 1975 Videocassette, 3/4"; super 8mm Fairchild also available To order: \$370 for film, \$330 for 3/4" videocassette; rental, \$35 for 1 week; 8mm cassette by

special order only

The benefits of sound nutrition during pregnancy and lactation are emphasized, including nutrients of special concern to pregnant and nursing women, weight gain during pregnancy, solutions to diet-related problems, and the advantages of breastfeeding to both baby and mother. Includes leader's guide (English only) and 20 copies of What Should Lat?



## SOCIETY FOR NUTRITION EDUCATION (Cont'd.)

NUTRITIONAL MANAGEMENT OF HIGH-RISK PREGNANCY

Film, 16mm, sound, color, 22 minutes, 1981

Videocassette, 3/4"

To order: \$440 for film, \$330 for videocassette; rental, \$35 for 1 week

Features successful hospital programs for the nutritional management of high-risk pregnancies of young adolescents and women with diabetes or preeclampsia. Topics include a team approach, risk factors, and nutritional guidelines for diabetic and preeclamptic pregnant women. Includes leader's guide and 20 copies of Nutritional Management of High-Risk Pregnancy Reference Manual. Endorsed by the American College of Obstetricians and Gynecologists.

## THE URBAN INSTITUTE

The Urban Institute is an independent research organization that studies and suggests solutions for urban problems. It works closely with Government officials seeking insight into pressing problems and alternatives to prevailing policies. Special emphasis is placed on the social economic aspects of urban problems. The Institute is linked with urban researchers in other organizations and institutions. It aims to translate research findings into forms that can be readily understood and used.

#### MANUAL FOR URBAN INSTITUTE DATA SYSTEM

Pamphlet, 67 pp., 1981
To order: Send request to the Urban Institute, Social Services Research Center, 2100 M St. NW., Washington, DC 20037; make check payable to "Urban Institute, Project No. 1464"; \$3.50

Describes a data system for adolescent pregnancy programs and tells how to set it up and use it. Covers intake, case management, recording service delivery, outcomes of pregnancy for mother and child, and the effects of program participation on mother and child at 6, 12, and 24 months postpartum.

## U.S. DEPARTMENT OF AGRICULTURE

## food and Nutrition Information Center

Ine food and Nutrition Information Center (FNIC) of the U.S. Department of Agriculture (USDA) serves as a nationwide lending library for nutrition information and educational materials for educators and other professionals. The Center contributes to AGRICOLA, the computerized bibliographic database of the National Agricultural Library (see OTHER SOURCES OF INFORMATION). It is also the national depository for materials developed with funding from the Women. Infants and Children (WIC) and Nutrition Education and Training (NET) programs. The collection includes both print and audiovisual materials.

## TU บล็DER:

Ordering information for FNIC publications is given below. For information on how to use the FNIC collection, write or call the Food and Nutrition Information Center, National Agricultural Library Bldg., Room 304, Beltsville, MD 20705, (301)344-3719. Request the pamphlet, FNIC: A User's Guide to the Food and Nutrition Information Center.

#### PRINTED MATERIALS:

## AUDIOVISUAL RESOURCES IN FOOD AND NUTRITION, 1970-1978

Book, 232 pp., 1979

To order: Oryx Press, 2214 North Central at Encanto, Phoenix, AZ 85004, (602)254-6156, \$18 plus \$.95 postage

An annotated list of the audiovisual materials in the FNIC collection; this is an 8-year, retrospective compilation.

## FOOD AND NUTRITION BIBLIOGRAPHY "

Serial, ca. 345 pp., annual

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## FOOD AND NUTRITION MICROFICHE PROGRAM

Microfiche, 934 documents on 1,500 fiche, updated annually To order: Microfilming Corporation of America, 1620 Hawkins Ave., P.O. Box 10, Sanford, NC 27330 (919)775-3451; write or call for information on prices

Includes noncopyrighted materials from the FNIC collection: surveys, reports, research findings, and educational materials. Noncopyrighted materials developed through WIC and NEI funding will be available in separate updates.

## U.S. DEPARTMENT OF AGRICULTURE

## Food and Nutrition Service Supplemental Food Programs Division

The Special Supplemental Food Program for Women, Infants and Children (WIC Program) and the Commodity Supplemental Food Program (CSFP) serve low-income pregnant and breastfeeding women, infants, and preschool children who are at nutritional risk. Supplemental foods and nutrition education are provided at no cost to this nutritionally vulnerable group, and participants are encouraged to seek health care. Health, education, welfare, or social service agencies administer the programs locally.

#### TO ORDER:

Individual copies of publications may be obtained from USDA-FNS, Office of Public Information, Room 823, Park Office Center, 3101 Park Center Dr., Alexandria, VA 22302. Include publication number when ordering. Requests for multiple copies should be directed to the program division indicated for each publication, at the same address. Publications with a GPO number are only available from the Superintendent of Documents, Government Printing Office, Washington, DC 20402. Include GPO stock number when ordering.

## PRINTED MATERIALS:

## DO YOU, CARE

Pamphlet, 7 pp 1 1980
To order: FNS-192 (Supplemental Food Programs Division)

Written for obstetricians, gynecologists, pediatricians, family physicians, and other health professionals. Briefly explains the WIC Program target population, the benefits offered by WIC, and the cost-effectiveness of the WIC Program. Describes how physicians can assist their low-income patients in obtaining WIC Program benefits.

HOW WIC HELPS: EATING FOR YOU AND YOUR BABY, (also available in Spanish)

Pamphlet, 8 pp., revised 1981
To order: Program Aid No. 1198 (Supplemental Food Programs Division)

Tells pregnant and breastfeeding women about the WIC Program. Describes the WIC foods available to these categories of program participants, discusses the major nutrients provided by each of the foods and how the body uses the nutrients, and prescribes amounts of the four basic food groups to be consumed each day. Recipes and snack ideas using the various WIC foods are included to reinforce and expand the nutrition education aspect of the publication.



## USDA, Food and Nutrition Service (Cont'd.)

## THE IDEA BOOK: SHARING NUTRITION EDUCATION EXPERIENCES

Pamphet, 90 pp., 1981

To Order: FNS-234 (Nutrition and Technical Services Division)

Contains nutrition education ideas and approaches that have been gleaned from WIC projects throughout the country. The methods described are some of the most creative ones or are typical of those in common use.

#### REACHING OUT TO THE TEENAGER

Resource package, 1981 (first installment)
To order: Program Aid No. 1303 (Nutrition and Technical Servces Division)

A collection of resource materials coordinated through a joint public/private effort involving the U.S. Department of Agriculture, the U.S. Department of Health and Human Services, and the March of Dimes Birth Defects Foundation. Designed to assist health programs, food assistance programs, and other related programs to tailor their nutrition education services to the special needs, interests, and lifestyles of pregnant teenagers.

Two additional installments will be available soon.

## SOUTHEAST ASIAN AMERICAN FACT SHEETS

Fact sheet series, 1980
To order: FNS-224-230 (Nutrition and Technical Services Division)

A series of informational fact sheets designed to help WIC and CSFP staff to better understand the particular needs of Southeast Asian refugees. Topics included in the series include nutritional status, food habits, communication tips, and ways to introduce WIC foods. Sources of information and an annotated bibliography of translated materials are also included.

#### WHAT SHALL I FEED MY BABY

Pamphlet, 50 pp., 1981

To order: For sale by GPO (Stock No. 001-000-04235-1), \$4.25

An infant feeding guide for WIC and CSFP participants. Serves as an aid for pregnant women and mothers in understanding important facts on breastfeeding, how to prepare infant formula, how to make baby food, and how to tell when a baby is ready to drink from a cup or eat from a spoom.

for professionals

800

## U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

The U.S. Department of Health and Human Services (DHHS) is the Federal Government's principal agency for furthering the good health of Americans and providing them with essential human services. Renamed from the Department of Health, Education, and Welfare in 1980, HHS'is responsible for more than 300 programs. The Department's major programs related to maternal and infant health are carried out by the Public Health Service and the Office of Human Development Services. Within the Public Health Service; the Health Services Administration is responsible for maternal and child health programs, and the National Institutes of Health supports research on such problems as the sudden infant death syndrome, mental retardation, birth defects, and developmental disabilities. As part of its responsibilities, the Office of Human Development Services carries out programs for abused and neglected children, supports day-care services, and administers The publications listed below are issued by these Head Start. agencies and other DHHS components having responsibility for some aspect of maternal and infant health. The listing is not all-inclusive; it emphasizes public education materials but also includes selected items of interest to health care providers and other professionals. Items listed have been published in the last 5 years. The section entitled "Other Sources of Information," on page 97, lists clearinghouses and other resources that can provide many more publications and information services on felated topics.

## TO ORDER:

Single copies of many of the publications may be obtained free of charge from the issuing agency. Include the agency's publication number when ordering directly from a specific agency. If indicated, items may be purchased from the Government Phinting Office (GPO). Address orders to:

Superintendent of Documents Government Printing Office Washington, DC 20402

When ordering from GPO, include the GPO stock number and enclose a check or money order made payable to the Superintendent of Documents. Discounts may be available for bulk orders of 100 or more copies. Please note that although every effort has been made to list current prices, GPO prices are subject to change without notice.

## PRINTED MATERIALS: .

Printed materials from all offices within DHHS are listed here first; audiovisual materials follow in a separate section.

## Office of Human Development Services

INFANY CARE M(also available in Spanish)

Pamphlet, 67 pp., 1980

To order: For sale by GPO (Stock No. 017-091-00228-2), \$4.75; Spanish version (Stock No. 017-091-00238-0), \$4.50

Gives new parents basic information on caring for an infant including breastfeeding, clothing, bathing, and health care. Advises on handling "difficult" babies, first aid and emergency treatment, and a variety of common problems from diaper rash to colds.

PRENATAL CARE (also available in Spanish)

Pamphlet, 70 pp., 1973

In order: For sale by CPD (Stock No. 017 091 00197 1)

To order: For sale by GPO (Stock No. 017-091-00187-1), \$4.75; Spanish version (Stock No. 017-091-00209-6), \$4.50

Gives the expectant mother basic information on caring for herself and her unborn baby during pregnancy: Covers development of the baby, the first visit to the doctor, diet and weight gain, and mood changes. Also discusses some common complaints and what to do about them, signs of labor, delivery and the stay in the hospital, and the needs of the newborn baby.

#### SINGLE PARENT FAMILIES

Pamphlet, 52 pp., 1981

To order: For sale by GPO (Stock No. 017-091-00229-1), \$4.50

Pr'ovides information and insights on rearing children in single-parent families.

## DHHS, Office of Human Development Services (Cont'd.)

## SO YOU'RE GOING TO BE A NEW FATHER?

Pamphlet, 32 pp., 1973

To order: For sale by GPO (Stock No. 017-091-00190-1),
\$3.75

Advises the prospective father on what he should expect during his wife's pregnancy and on ways to provide support and comfort during this phase of their lives. Discusses the moods and feelings new mothers and fathers usually experience.

## A TALE OF SHOTS AND DROPS FOR PARENTS OF YOUNG CHILDREN

Pamphlet, 22 pp., I979
To order: For sale by GPO (Stock No. 017-092-00058-8),
\$3.25

Provides information regarding the need for immunization for <a href="https://www.need.ncbudes.chedule">childhood diseases</a>. Includes schedule for getting "shots and drops."

## Public Health Service

## Office of the Assistant Secretary for Health (OASH)

BETTER HEALTH FOR OUR CHILDREN: A NATIONAL STRATEGY, Report of the Select Panel for the Promotion of Child Health

Book, 4 volumes, 1981

To order: Volumes 1-3 are for sale by GPO; list stock numbers of individual volumes when ordering

Volume 1 - Major Findings and Recommendations, 475 pp.,
 Stock No. 017-002-00140-2, \$9.50

Contains recommendations for a comprehensive national plan to promote the health of children and pregnant women. Discusses the current status of child health, makes recommendations for reducing environmental risks, improving nutrition, and influencing healthier lifestyles; describes needed health services and problems in service delivery; examines the administration of Federal, State and local health systems; and outlines manpower and research needs.

Volume 2 - Analysis and Recommendations for Selected Federal Programs, 148 pp., Stock No. 017-002-00141-1, \$5.50

Presents the implications of the recommendations for immediate action to improve five Federal programs with major impact on maternal and child health.

o Volume 3 - A Statistical Profile, 343 pp., Stock No. 017-002-00142-9, \$8.50

Contains a statistical examination of child health in the United States. Includes more than 200 tables with statistics on health status and demographics of U.S. children, mortality, birth rates, hospital utilization, resources, and costs.

Volume 4 - Background Papers, 961 pp.
To order: PB 81-242869; National Technical Information Service, 5285 Port Royal Rd., Springfield, VA 22161.
Paper - \$61.50, Microfiche - \$4

Contains the background and options papers prepared for the Selection Panel for the Promotion of Child Health.

## DHHS, Public Health Service (Cont'd.)

## HEALTHY PEOPLE: The Surgeon General's Report on Health Promotion and Disease Prevention

Book, 177 pp., 1979

To order: For sale by GPO (Stock No: 017-001-00416-2), · \$5.50

Reports on major health problems and their preventable risks at each of the five principal stages of life; presents s, to be achieved by 1990, for each stage, and enumerates 15 priority activities critical to the achievement of these goals. The chapter on healthy infants discusses the goal of reducing infant mortality by at least 35 percent. An excerpt entitled "Healthy Infants" summarizes this chapter and other relevant portions of the report. Single copies of the excerpt (HSA 80-5244) are available free while supplies last from: BCHS Publications, Room 7-08, Parklawn Bldg., 5600 Fishers Lane, Rockville, MD 20857.

Background Papers to the above, 484 pp., Stock No. 017-001-00417-1, \$8

## PREGNANCY AND INFANT HEALTH

Book, 93 pp., 1979 To order: (PHS) 79-50069; Office on Smoking and Health, Parklawn Bldg., Room 1-10, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Reprint from "Smoking and Health: A Report of the Surgeon General," published in 1979. Reviews the scient fic literature on the effects of smoking during pregnancy. Covers birth weight and fetal growth, fetal and infant mortality, lactation, and breastfeeding.

#### THE SURGEON GENERAL'S WORKSHOP ON MATERNAL AND INFANT HEALTH Pamphlet, 55 pp., 1981 (PHS) 81-50161; CSR Inc., 805 15th St. NW., To order: Washington, DC 20005, single copy free

Presents the proceedings of a workshop which reviewed the current status of maternal and infant health services and made recommendations for a national strategy to help improve services, especially for high-risk populations, expand health promotion and prevention efforts, and develop knowledge needed to continue to improve maternal and infant health.

DHHS, Public Health Service, Alcohol, Drug Abuse and Mental Health Administration

## Alcohol, Drug Abuse and Mental Health Administration (ADAMHA)

## ALCOHOL AND YOUR UNBORN BABY

Pamphlet, 16 pp., 1981

To order: (ADM) 81-521; National Clearinghouse for Alcohol Information, Box 2345, Rockville, MDC 20852, single cop free; also for sale by GPO (Stock No. 017-024-00721-8), \$2.75

Explains the risk that a pregnant woman takes with the health of her unborn baby when she drinks.

## CARING ABOUT KIDS SERIES

A series of pamphlets; see entries under individual titles:

The Importance of Play, Learning While Growing, Pre-term

Babies, and Stimulating Baby Senses.

## DEVELOPMENT OF MENTAL HEALTH IN INFANCY

Book, 106 pp., 1980

To order: For sale by GPO (Stock No. 017-024-00996-2), \$5

Reviews the current research on social relationships in the first year of life and their influence on psychological health. Discusses defining effective environments for infant mental health, infant-caregiver interaction, and infants at risk for developmental problems. Part of the Science Monograph Series.

# DRUG DEPENDENCE IN PREGNANCY: CLINICAL MANAGEMENT OF MOTHER AND CHILD

Book, 109 pp., 1979
To order: (ADM) 79-678; National Clearinghouse for Drug
Abuse Information, P.O. Box 416, Kensington, MD
20795, single copy free; also for sale by GPO
(Stock No. 017-024-00799-4), \$5.00

Provides practical information for hospital systems and drugtreatment programs in delivering services to pregnant drugaddicts and their offspring. Discusses prevalence and classification of psychotropic drug use; pharmacologic effects on mother and infant; management of prenatal care, labor, and delivery; and treatment of narcotic withdrawal in the newborn.

## THE IMPORTANCE OF PLAY

Pamphlet, 10 pp., 1981

To order: For sale by GPO (Stock No. 017-024-010201), \$2.00

Discusses the role of play in the emotional, intellectual, and physical development of children. Part of the Caring About Kids series.

## DHHS, Rublic Health Service, Alcohol, Drug Abuse and Mental Health Administration (Cont'd.) (1

INFANT SATELLITE NURSERIES: FAMILY DAY CARE WITH A DIFFERENCE

Pamphlet, 13 pp., 1978 (ADM) 78-658; Public Inquiries, National To order: Institute of Mental Health, 5600 Fishers Lane, Rockville, MD 20857, single copy free; also for sale by GPO (Stock No. 017-024-00843-5), \$2.50

Describes an innovative approach to home day-care, developed in Hawaii, to provide low-income families with subsidized care of excellent quality for their infants and toddlers.

LEARNING WHILE GROWING: COGNITIVE DEVELOPMENT

Pamphlet, 14 pp., 1981 To order: For sale by GPO (Stock No. 017-024-01719-7), \$2.25

Introduces theories on how children learn through the development of language skills, memory, conscience, and logic. Part of the Caring About Kids series.

PRE-TERM BABIES

Pamphlet, 14 pp., 1980 To order: For sale by GPO (Stock No. 017-024-01014-6), \$2.00

Discusses the mental health issues often associated with premature birth, particularly the stresses experienced by parents whose infants have medical problems. Offers tips on calming infants and explores the importance of early parent/child interaction. Part of the Caring About Kids series.

PREVENTING FETAL ALCOHOL EFFECTS: A PRACTICAL GUIDE FOR OB/GYN PHYSICIANS AND NURSES

Pamphlet, 20 pp., 1982

(ADM) 81-1163; National Clearinghouse for Alcohol To order: Information, Box 2345, Rockville, MD 20852, single copy free; also for sale by GPO (Stock No. 017-024-01111-8), \$2.25

Provides guidelines to assist health care professionals in identifying patients who are subject to the health hazards associated with alcohol consumption during pregnancy. Gives practical advice on how to obtain a history of patients' drinking patterns and what to do if a drinking problem is sected.

## DHHS, Public Health Service, Alcohol, Drug Abuse and Mental Health Administration (Cont'd.)

STIMULATING BABY SENSES
Pamphlet 10 pp., 1977 To order: For sale by GPO (Stock No. 017-024-00752-8), \$2.75

Explains how babies and parents use their five senses to communicate and learn from each other. Part of the Caring About Kids series.

## DHHS, Public Health Service, Centers for Disease Control

## Centers for Disease Control (CDC)

## \* COMPREHENSIVE BIBLIOGRAPHY ON PREGNANCY AND WORK

Book, 130 pp., 1978 To order: For sale by GPO (Stock No. 017-033-00288-6), \$6.00

Unannotated bibliography of English and foreign language articles on the influence of the work and home environment on the health of mother and fetus. Prepared by the American College of Obstetricians and Gynecologists for the National Institute for Occupational Safety and Health.

GUIDELINES ON PREGNANCY AND WORK. NIOSH RESEARCH REPORT

See listing under "American College of Obstetricians and Gynecologists."

## MAKE MEASLES A MEMORY--IMMUNIZE!

Pamphlet, 1 p., 1981

To order: Immunization Division, Centers for Disease Control, 1600 Clifton Rd. NE., Atlanta, GA 30333, single copy free

Advises parents about the benefits of immunizing against measles and gives a recommended immunization schedule.

## DHHS, Public Health Service, Food and Drug Administration

## Food and Drug Administration (FDA)

## ASSESSING CHILDBIRTH DRUGS

Pamphlet, 1 p., 1980

To order: (FDA) 80-3101; Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, MD. 20857, single copy free

Discusses the risks and benefits of drugs given to relieve pain during labor and delivery.

## CAFFEINE AND PREGNANCY (also available in Spanish)

Pamphlet, 4 pp., 1981

To order: (FDA) 81-1081, (FDA) 81-1081S, Spanish; Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Advises pregnant women to avoid foods and drugs containing caffeine and lists the amount of caffeine contained in coffee, tea, cola drinks, chocolate, and a variety of prescription and non-prescription drugs.

## DRUGS AND PREGNANCY

Pamphlet, 4 pp., 1980

To order: (FDA) 80-3083; Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Discusses some popular prescription and non-prescription drugs that can harm the unborn baby.

## GENETIC COUNSELING: LEARNING WHAT TO EXPECT

Pamphlet, 4 pp., 1981 To order: (FDA) 81-006; Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Describes various inherited disorders, the process of genetic counseling, amniocentesis, and other means of determining whether an unborn baby is likely to be normal.

## NEXT TO MOTHER'S MILK, THERE'S INFANT FORMULA

Pamphlet, 4 pp., 1981

To order: (FDA) 81-2139; Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Describes types of infant formulas and the problems uncovered in 1979 concerning the nutrient content of formulas, especially soy-based products.

DHHS, Public Health Service, Food and Drug Administration (Cont'd.),

# PREGNANT...ARE YOU AWARE THE MEDICINES YOU TAKE DURING PREGNANCY CAN HARM YOUR UNBORN BABY?

Poster, 17" x 21", two colors
To order: (FDA) 80-3096; Food and Drug Administration,
HFE-88, 5600 Fishers Lane, Rockville, MD 20857,
single copy free

# WHEN THE BABY'S LIFE IS SO MUCH YOUR OWN (also available in Spanish)

Pamphlet, 4 pp., 1980
To order: (FDA) 80-1057, (FDA) 80-1057S, Spanish; Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Advises about general health care during pregnancy and provides information on the effects of specific medicines and drugs on the unborn baby. These include drugs containing the female hormones estrogen and progestin, barbiturates, tranquilizers, amphetamines, tetracycline antibiotics, and aspirin.

# X RAYS AND PREGNANCY (also available in Spanish) Poster, 17" x 21", 1980 To order: (FDA) 80-1045; (FDA) 80-1045S, Spanish; X Ray, HFX-28, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Cautions women, "Pregnant...or think you might be? Tell, your doctor before getting an X ray or prescription."

# X RAYS, PREGNANCY AND YOU (also available in Spanish) Pamphlet, 6 pp., 1979 To order: (FDA) 79-8087; (FDA) 79-8087S, Spanish; X Ray, HFX-28, 5600 Fishers Lane, Rockville, MD 20857, single copy free

Describes the possible effects of X rays on the unborn baby. and the special precautions to be taken with X rays during pregnancy.

DHHS, Public Health Service, Health Services Administration (Cont'd.)

## Health Services Administration (HSA)

#### BREAST FEEDING

Pamphlet, 22 pp., 1979

To order:

(HSA) 79-5109; CSR Inc., 805 15th St. NW., Washington, DC 20005, single copy free; also for sale by GPO (Stock No. 017-026-00084-4), \$3.25

Gives practical information about breastfeeding, nutrition for nursing mothers, and weaning. Answers frequently asked questions and lists sources of other information and help.

## COOLEY'S ANEMIA, A MEDICAL REVIEW

Pamphlet, 50 pp., 1981

To order: (HSA) 81-5125; CSR Inc., 805 15th St. NW., Wash<u>i</u>ngton, DC 20005, single copy free

Reviews the current knowledge about this group of inherited blood disorders. Covers prevalence, clinical manifestations, complications, diagnosis, management, and related topics.

## CRIB DEATH (also available in Spanish)

Pamphlet, 20 pp., 1981

(HSA) 81-5262, (HSA) 80-5263, Spanish; Sudden To order: Infant Death Syndrome Clearinghouse, 1555 Wilson Blvd, Suite 600, Rosslyn, VA 22209, single copy

Explains what is known about the sudden infant death syndrome in easy-to-understand language.

#### A DEVELOPMENTAL APPROACH TO CASEFINDING AMONG INFANTS AND YOUNG CHILDREN

Book, 108 pp., 1979

(HSA) 79-5210; CSR Inc., 805 15th St. NW., To order: Washington, DC 20005, single copy free

Designed to help nurses and other health care providers recognize the signs of disease or anomalies in infants and Includes information on maternal and infant mortality and morbidity, risk factors, major components of appraisal, procedures and devices used in, appraisal, and casefinding.

## DIET MANAGEMENT OF PKU FOR INFANTS AND PRESCHOOL CHILDREN

Pamphlet, 30 pp., 1978

(HSA) 78-5200; CSR Inc., 805 15th St. NW., To order: Washington, DC 20005, single copy free; also for sale by GPO (Stock No. 017-026-00057-7), \$4.25

Provides information for nutritionists and dietitians on methods of diet management for children treated for phenylketonuria. Gives methods and materials to help in teaching parents about diet management.

## DHHŞ, Public Health Service, Health Services Administration (Cont'd.)

## FACTS ABOUT SUDDEN INFANT DEATH SYNDROME

Pamphlet, 11 pp., 1979
To order: (HSA) 79-5259; Sudden Infant Death Syndrome Clearinghouse, 1555 Wilson Blvd., Suite 600, Rosslyn, VA 22209, single copy free; also for sale by GPO (Stock No. 017-026-00067-4), \$2.25

Discusses the sudden infant death syndrome, or "crib death," as this disease is commonly known. Provides factual, supportive advice for parents and lists other sources of help and information.

## FOOD FOR THE TEENAGER DURING PREGNANCY

Pamphlet, 12 pp., 1981
To order: (HSA) 78-5106; CSR Inc., 805 15th St., NW.,
Washington, DC 20005, single copy free; also for sale by GPO (Stock No. 017-026-00099-2), \$2.00

Contains general information about maintaining good health during pregnancy, explains which foods are important, and gives sample meal plans.

## GENETIC SCREENING FOR INBORN ERRORS OF METABOLISM

Book, 106 pp., 1977 To order: (HSA) 77-5124; CSR Inc., 805 15th St. NW. Washington, DC 20005, single copy free

Provides the health professional with a ready reference on current knowledge about techniques, problems and services related to genetic screening of infants. Covers specific disorders diagnosed by screening and evaluation of current genetic screening techniques.

## GUIDE TO BREAST FEEDING THE INFANT WITH PKU

Pamphlet, 51 pp., 1980 To order: (HSA) 79-5110; CSR Inc., 805 15th Street NW., Washington, DC 20005, single copy free; also for 'sale by GPO (Stock No. 017-026-00091-7), \$4.25

Provides guidelines for health professionals to assist women in continuing to breastfeed infants with PKU. Discusses the rationale for use of human milk, dietary management, and how to prescribe and calculate the diet.

## A GUIDE TO SPANISH-LANGUAGE HEALTH AND PATIENT INFORMATION

Pamphlet, 78 pp., 1981.
To order: (HSA) 81-7006; CSR Inc., 805 15th St. NW.,
Washington, DC 20005, single copy free

Lists publications and audiovisuals in Spanish available from more than 100 distributors. Includes section on breastfeeding, prenatal care, and infant and child care.



# DHHS, Public Health Service, Health Services Administration (Cont'd.)

## LEARNING TOGETHER, A GUIDE FOR FAMILIES WITH GENETIC DISORDERS

Pamphlet, 21 pp., 1980
To order: (HSA) 80-5131; CSR Inc., 805 15th St. NW.,.
Washington, DC 20005, single copy free; also for sale by GPO (Stock No. 017-026-00088-7), \$3.50

Discusses the benefits of a self-help group for parents of children with genetic disorders. Activities for a group are outlined and resources are listed.

## MANAGEMENT OF INFANTS WITH CONGENITAL HYPOTHYROIDISM

Pamphlet, 20 pp., 1981
To order: (HSA) 81-5293; CSR Inc., 805 15th St. NW.,
Washington, DC 20005, single copy free

Provides health care professionals with an overview of congenital hypothyroidism, including historical background, mechanics of screening programs, physiology of the newborn, and recommendations for management of affected infants.

## NEWBORN SCREENING FOR GENETIC METABOLIC DISEASES

Pamphlet, 22 pp., 1978
To order: (HSA) 78-5207; CSR Inc., 805 15th St. NW.,
Washington, DC 20005, single copy free

Reviews new developments in screening for phenylkeronuria, presents recommendations for carrying out screening, and provides information on specific conditions other than PKU that are detectable by screening. Aimed at professionals involved in the organization and regulation of screening services.

# A READER'S GUIDE FOR PARENTS OF CHILDREN WITH MENTAL, PHYSICAL,

Book, 144 pp., 1979
To order: (HSA) 79-5290; CSR Inc., 805 15th St. NW.,
Washington, DC 20005, single copy free; also for
sale by GPO (Stock No. 017-026-00058-5), \$6.50

Lists selected publications and sources of information which may be of help to parents in raising a handicapped child. Selections cover many disabilities and include basic reading, books that tell how to teach, train, and play at home; books by parents of handicapped children; materials on advocacy and other specific "issues and answers"; and books for children about children with handicaps.

\*for professionals ...

# DHHS, Public Health Service, Health Services Administration (Cont'd.)

## SYMPOSIUM ON HUMAN LACTATION

Book, 130 pp., 1979 To order: (HSA) 79-5107; CSR Inc., 805 15th St. NW., Washington, DC / 20005, single copy free

Provides physicians, nurses, and nutritionists with an '. overview of various facets of human lactation, including physiology of lactation, psychological issues, nutritional and immunologic aspects, and management of normal lactation and lactation problems.

## National Institutes of Health (NIH)

CESAREAN CHILDRIRTH

Book, 537 pp., 1981

To order: (NIH) 82-2067; Public Inquiries, National 3

Institute of Child Health and Human Development, NIH, Bldg. 31, 2A-34, Bethesda, MD 20205, single copy free

Reports the results of a Consensus Development Conference which brought together biomedical researchers, physicians, and consemers to address issues concerning cesarean childbirth. Discusses how and why cesarean delivery rates have changed; the relation of cesarean delivery to pregnancy outcome; the medical and psychological effects on mother, infant and family; economic factors; and legal and ethical considerations.

# CHILD HEALTH AND HUMAN DEVELOPMENT: AN EVALUATION AND ASSESSMENT

Book, 1982

To order: Order by individual reprint titles from: Office of Research Reporting, National Institute of Child Health and Human Development, NIN, Bldg. 31, 2A-32, Bethesda, MD 20205, single copy free

Reprints of the individual chapters from a report outlining the Institute's 5-year plan. Titles of the individual reprints are "Child and Adolescent Development," "Congenital Defects," "Contraceptive Development," "Contraceptive Evaluation," "Fertility and Infertility," "Mental Retardation," "Nutrition," "Population Dynamics," "Pregnancy, Birth and the Infant," and "SIDS."

## CLEFT LIP AND CLEFT PALATE

Pamphlet, 8 pp., 1982

To order: (NIH) 82-1145; Public Inquiries, National Institute of Dental Research, NIH, Bldg. 31, 20 33, Bethesda, MD 20205, singlercopy free

Provides a brief overview of cleft lip and palate, describing the disorders, effect on hearing and speech, adjustment of the child, causes, and treatment. Includes suggestions on where to obtain help.

## COOLEY'S ANEMIA: PREVENTION THROUGH TESTING

Pamphlet, 6 pp., 1980
To order: (NIH) 80-2026; Public Inquiries, National Heart,
Lung, and Blood Institute, NIH, Bldg. 31, 4A-25,
Bethesda, MD 20205, single copy free

Written for parents of children with Cooley's anemia. Describes this inherited blood disease and encourages testing for the Cooley's anemia trait and prevention of the disease.

## DHHS, Public Health Service, National Institutes of Health (Cont'd:)

#### PREVENTION THROUGH UNDERSTANDING COOLEY'S ANEMIA:

Pamphlet, 16 pp., 1980

(NIH) 80-1269; Public Inquiries, National Heart, To order: Lung, and Blood Institute, NIH, Bldg. 31, 4A-25, Bethesda, MD 20205; single copy free

Defines Cooley 's, anemia, its causes, symptoms, and treatment. Describes prevention through testing and genetic Current research is discussed and a counseling services. glossary of terms is included.

# DIRECTORY OF NATIONAL, FEDERAL, AND LOCAL SICKLE CELL DISEASE

·PROGRAMS

Pamphlet, 39 pp., 1981 To order: (NIH) 81.714; Public Inquiries, National Heart, Lung, and Blood Institute, NIH, Bldg. 31, 4A-25, Bethesda, MD . 20205, single copy free

Lists comprehensive sickle cell centers, sickle cell screening and education clinics, national centers for family planning services, VA hospitals, State health departments, and public and private organizations.

## FACTS ABOUT CESAREAN CHILDBIRTH

Pamphlet, 11 pp., 1982

Mo"order: Public Inquiries, National Institute of Child Health and Human Development, NIH, Bldg. 31, 20205, single copy free 2A-34, Bethesda, MD

Summarizes the content of Cesarean Childbirth in a format suitable for lay audiences.

## FACTS ABOUT DOWN SYNDROME FOR WOMEN OVER 35

Pamphlet, .16 pp., 1979

To order: (NIH) 80-563; Public Inquiries, National Institute of Child Health and Human Development, NIH, Bldg. 31, 2A-34, Bethesda, MD 20205, single copy free

Aimed at women who are pregnant or planning a pregnancy and are over 35 years old. Explains Down syndrome, the increased risk for women over 35 of bearing a Down syndrome child, genetic counseling, and the outlook for a child with Down syndrome

## GOOD TEETH FOR YOU AND YOUR BABY (also available in Spanish)

Pamphlet, 16 pp., 1979; (NIH) 79-1255, (NIH) 78-1465, Spanish; Public ⊶To order: Inquiries, National Institute of Dental Research, NIH, Bldg. 31, 2C-33, Bethesda, MD 20205, single copy free

Explains to parents how to take care of their teeth and their children's teeth. Discusses preventing baby bottle tooth decay."

DHHS, Public Health Service, National Institutes of Health (Cont'd.)

## LITTLE BABIES BORN TOO SOON, BORN TOO SMALL

Pamphlet, 20 pp:, 1977

To, order: (NIH) 77-1079; Public Inquiries, National Institute of Child Health and Human Development, NIH, Bldg 31, 2A-34; Bethesda, MD 20205, single copy free

Explains health problems that low-birth-weight babies can have, preventive measures mothers and physicians can take, and research now underway.

## À PARENT'S GUIDE TO CYSTINOSIS

Pamphlet, 17 pp., 1981
To order: (NIH) 82-1160; Public Inquiries, National Institute of Child Health and Human Development, NIH, Bldg. 31, 2A-34, Bethesda, MD 20205, single copy free

Gives parents of children with cystinosis basic facts about the diagnosis, physical effects, and treatment of this genetic disease. Discusses a child's care at school, and the emotional issues facing both parents and child.

## PREGNANCY AND INFANT HEALTH

Pamphlet, 93 pp., 1979
To order: (PHS) 79-50069; Public Inquiries, National
Institute of Child Health and Human Development,
NIH, Bldg. 31, 2A-34, Bethesda, MD 20205, single

Reprint of Chapter 8 from "Smoking and Health: A Report of the Surgeon General." Discusses the relation of smoking to birth weight and fetal growth, fetal and infant mortality, and breastfeeding.

## PREGNANCY AND PERINATOLOGY

Pamphlet, 40 pp., 1981

To order: (NIH) 81-2347; Public Inquiries, National Institute of Child Health and Human Development, NIH, Bldg. 31, 2A-34, Bethesda, MD 20205, single copy free

Describes the research programs of the National Institute of Child Health and Human Development in the areas of pregnancy and perinatology, premature labor and birth, disorders of the newborn, and sudden infant death syndrome.

## PRENATAL APPROACHES TO THE DIAGNOSIS OF FETAL HEMOGLOBINOPATHIES

Book, 259 pp., 1980
To order: (NIH). 80-1529; Public Inquiries, National Heart,
Lung, and Blood Institute, NIH, Bldg. 31, 4A-25,
Bethesda, MD 20205, single copy free

## DHHS, Public Health Service, National Institutes of Health (Cont'd.)

## PRENATAL APPROACHES TO THE DIAGNOSIS ... (Cont'd.)

Reviews the state-of-the-art in sampling fetal circulation Subjects discussed include ethical, legal, in utero. psychosocial, and genetic issues in prenatal diagnosis of hemoglobinopathies.

## QUESTIONS AND ANSWERS ABOUT DES EXPOSURE DURING PREGNANCY AND

Famphlet, 17 pp., 1981 To order: (NIH) 81-1118; Public Inquiries, National Cancer Institute, NIH, Bldg. 31, 10A-29, Bethesda, MD 20205, single copy free

Answers questions that mothers and children exposed to DES (diethylstilbestrol) most often ask.

I HAVE THE SICKLE CELL TRAIT (also available in Spanish)

Pamphlet, 15 pp.,1978

(NIH) 78-421; (NIH) 78-749, Spanish; Public Inquiries, National Heart, Lung, and Blood Institute, NIH, Bldg. 31, 4A-25, Bethesda, MD 20205, single copy free

Provides answers to common questions about sickle cell trait. in simple language.

## TETRACYCLINE STAINED TEETH

Pamphlet, 6 pp., 1980 (NIH) 80-1679; Public Inquiries, National To order: Institute of Dental Research, NIH, Bldg. 31, 2C-33, Bethesda, MD 20205, single copy free

Explains how tetracyclines can cause staining of primary or permanent teeth if the drug is taken during the time these , teeth are forming. Stresses prevention and discusses cosmetic treatment.

## WERE YOU OR YOUR DAUGHTER OR SON BORN AFTER 1940?

Pamphlet, 17 pp., 1980 (NIH) 80-1226; Public Inquiries, National Cancer To order: Institute, NIH, Bldg. 31, 1 $\mu$ A-29, Bethesda, MD 20205, single copy free

Provides information and recommendations on medical examinations for mothers and children exposed to DES (diethylstilbestrol), a drug used since 1940 to treat women for complications during pregnancy.

## DHHS, Audiovisual Materials

## AUDIOVISUAL MATERIALS:

The following films on various aspects of pregnancy, prematal care, and parenthood have been produced by the Department of Health and Human Services and other Government agencies. All are for rent or sale from the National Audiovisual Center (NAC). NAC also distributes films on related topics including sexuality, birth control, and child abuse.

## TO ORDER:

## <u>Purchase</u>

For invoicing, an official purchase order or letter on organization letterhead is required. For direct payment, checks or money orders should be made payable to the National Archive Trust Fund. A \$5 handling fee will be charged for orders that are not prepaid. Prices are subject to change without notice. Allow 30 to 60 days for delivery, of materials.

## Preview

Preview prints of 16mm films will be provided at prevailing rental rates. Nonprofit organizations are entitled to free preview of 16mm films when prints are available. Preview is not available for rental consideration. Unless specifically noted, preview is not available for videocassettes, audio/slide sets, filmstrips, multimedia kits, or any materials other than 16mm films.

#### Rental

Three-day use at rate indicated. Enclose \$3 handling fee. Order 30 days in advance. Rental fee applies to purchase price.

#### Videocassettes

All titles listed in videocassette are available in all 1/2" and 3/4" formats at the same price. Specify the make and model number of your video playback equipment on your order so that the appropriate cassette can be supplied.

## For further information of to order, write:

National Audiovisual Center
National Archives and Records Service
General Services Administration
Information Section RM
Washington, DC 20409
Telephone (301)763-1896

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## AUDIOVISUAL MATERIALS

## AFTER OUR BABY DIED

Film, 16mm, videocassette, color, 20 minutes, 1975 To order: Film: Title No. 009405/CG, \$195; Rental, \$25; Videocassette: Title No. A00280/CG, \$70

Discusses how health professionals can help allay parents' fears and despair following the loss of a child to SIDS.

## AMNIOCENTESIS

Film, 16mm, videocassette, color, 7 minutes, 1979 Film: Title No. A01274/CG, \$65; Rental, \$25 To order: Videocassette: Title No. A01277/CG, \$60

Aimed at health professionals and pregnant women. Provides an opportunity to observe how amniocentesis is done, including patient preparation and the drawing of the amniotic fluid.

#### BEFORE THE BABY

Multimedia kit of 74 color slides and audiocassette; videocassette, 10 minutes, script, 1980 Multimedia kit: Title No. A02906/CG, \$28; Videocassette: Order from Food and Drug Administration, HFI-20, 5600 Fishers Lane, Rookville, MD 20857

Gives pregnant women guidelines to follow on weight gain, drug use, smoking, dragnostic X rays, alcohol use, and other aspects of prenatal care. Suited for use in obstetrical and gynecological offices and clinics, family planning and public health clinics, health maintenance organizations, and physicians' offices.

#### CALL FOR HELP

Film, 16mm, videocassette, color, 19 minutes, 1976 To order: Film: Title No. 007899/CG, \$180; Rental, \$25; Videocassette: Title No. A01050/CG, \$70

Advises police on proper techniques for handling SIDS cases. Because of its inclusion of investigative photographs, it recommended for police professionals only.

## I'M A PARENT NOW

Film, 16mm, videocassette, color, 17 minutes, guide, 1977 Film: Title No. A10328/CG, \$165 Videocassette: Title No. A00924/CG, \$55

Helps new parents deal with the mixed emotions, conflicting roles, and unfamiliar experiences that accompany the arrival of a baby; guide is included.

MEDICAL-LEGAL ASPECTS OF AMNIOCENTESIS FOR PRENATAL DIAGNOSIS Film; 16mm, videocassette, color, 13 minutes, 1979

To order: Film: Title No. A01268/CG, \$125; Rental, \$25

Videocassette: Title No.—A01271/CG, \$70

Highlights for the physician some of the legal aspects of amniocentesis, citing specific court cases.

## SUDDEN INFANT DEATH SYNDROME

Film, 16mm, videocassette, 4-part series, color
To order: Film: Series No. 009483/CG, inquire concerning purchase
price; Rental, \$87.50
Videocassette: Series No. 010779/CG, inquire
concerning purchase price

Series is designed to help professionals and the public examine the impact of sudden infant death syndrome (SIDS) and what can be done to help the parents.

## SUDDEN INFANT DEATH SYNDROME

Film, 16mm, videocassette, color, 4 minutes, 1976
To order: Film: Title No. 008579/CG, \$40; Rental, \$25
Videocassette: Title No. A01044/CG, \$60

Discusses how SIDS can be predicted and prevented.

#### TWO TO GET READY

Film, 16mm, videocassette, color, 29 minutes, 1979; booklet included

To order: Film: Title No. A00856/CG, \$275; Rental, \$25 Videocassette: Title No. A00883/CG; \$275

Portrays how both parents prepare for parenthood, focusing on psychological preparation. Designed to help prospective parents think about the reasons for having a baby and the decision about when to have it. This film is one episode from Footsteps, a PBS series on parenting. For information on the entire series, contact the National Audiovisual Center.

## YOU ARE NOT ALONE

Film, 16mm, videocassette, color, 27 minutes, 1976
To order: Film: Title No. 007900/CG, \$260; Rental, \$25
Videocassette: Title No. A01049/CG, \$80

Designed to assist families who have lost an infant to SIDS by exploring the physical and emotional aspects of grief and stressing that the death is not the parent's fault.

## OTHER SOURCES OF INFORMATION

The following agencies and organizations maintain clearinghouses or other programs that can provide additional publications and infant health and related topics. This list is followed by a section that describes print and computerized indexes that provide access to journal articles and other publications in this field.

## Other Organizations

## CLEAR NGHOUSE ON CHILD ABUSE AND NEGLECT INFORMATION

P:0. Box 1182 Washington, DC 20013 Telephone: (202)755-0590

Answers inquiries from professionals and the public. Maintains a database of information on published documents, descriptions of ongoing research projects, descriptions of programs which provide services to abused or neglected children and their families, descriptions of relevant audiovisual materials, and excerpts from current State laws on child abuse and neglect. Publishes directories of information in its database, reports on special topics, annual reviews of the current status of research projects and programs, and a catalog of learinghouse publications.

## CLEARINGHOUSE IN THE HANDICAPPED

Room 338-D, Hubert H. Humphrey Bldg. 200 Independence Ave. SW. Washington, DC 20201 Telephone: (202)245-1961

Prepares resource guides for disabled persons, publishes directories of Federal programs and information sources for the handicapped, prepares summaries of legislation affecting the handicapped, and publishes "Programs for the Handicapped," a periodical issued 6 times a year describing rederal activities benefitting the handicapped.

## CONSUMER PRODUCT SAMETY COMMISSION (CPSC)

Washington, DC 2020 (800)638-8326

Publications describe common hazards associated with the use of consumer products and recommend ways to avoid these hazards. Information and publications on safety standards for cribs, toys, and other accessories for infants and children are available by calling the toll-free number. Fact sheets in English and Spanish include "Baby Rattles" (No. 86), "Baby Walkers" (No. 66), "Cribs" (No. 43), "High Charrs" (No. 70), and "Infant Falls" (No. 20).

ERIC
Full Text Provided by ERIC

## COOPERATIVE EXTENSION SERVICE

Cooperative Extension programs are available to people of all income levels in rural, suburban, and urban communities. The programs are conducted by staffs and Extension volunteers in more than 3,000 counties and cities of the United States, Puerto Rico, the Virgin Islands, and Guam. County and city Cooperative Extension Service offices are usually listed under the local government section in the white pages of the telephone directory. State offices are generally located on the campuses of the land-grant universities.

As part of its educational programs, the Cooperative Extension Service provides food and nutrition information, including maternal and infant nutrition and health promotion information. Publications, slides, films, videotapes, and even volunteer speakers are frequently available. However, the selections of materials and other resources may vary from State to State.

## FOOD AND NUTRITION INVENTORY (FANI)

National Agricultural Library 5th Floor Beltsville, MD 20705 Telephone: (301)344-3709

An inventory of all Federal food, nutrition, and agriculture programs. Compiled as a prototype in 1979, the initial inventory contained information on 359 programs including legislative authority, program function, intended users or beneficiaries, budget authority, outlays, program level, and responsible Congressional subcommittees. Since 1979 the file has been updated for each appropriations cycle to include current program information and new programs.

# - NATIONAL CENTER FOR HEALTH STATISTICS (NCHS)

Scientific and Technical Information Branch 3700 East-West Hwy. Hyattsville, MD 20782 Telephone: (301)436-8500

Collects, analyzes and disseminates data on health in the United States. Statistical information covers a wide range of health-related topics, including births, birth defects and congenital malformations, breastfeeding, infant mortality, infertility, maternal mortality, sudden infant death syndrome, unwanted and unplanned childbearing, and working mothers. Data from surveys are published in the Vital and Health Statistics Series. Other publications include:

# OTHER SOURCES OF INFORMATION (Contid.)

Advance Data from the Vital and Health Statistics Series -- provides the means for early release of selected findings from the health and demographic surveys conducted by NCHS.

Monthly Vital Statistics Report -- contains data on births, marriages, divorces, and deaths by State and for the U.S.

Facts at Your Fingertips: A Guide to Sources of Statistical Information on Major Health Topics

# NATIONAL CLEARINGHOUSE FOR ALCOHOL INFORMATION (NCALI)

P.O. Box 2345 Rockville, MD 20852 Telephone: (301)468-2600

Maintains a database of the alcohol literature; answers public and professional inquiries; publishes fact sheets, summaries of current literature and other reference materials, an <u>Information and Fedture Service</u>, and a quarterly magazine, <u>Alcohol Health and Research World</u>. Information includes materials for the public and professionals on the effects of alcohol on the fetus.

# NATIONAL CLEARINGHOUSE FOR FAMILY PLANNING INFORMATION

P.O. Box 2225 Rockville, MD 20852 Telephone: (301)881-9400

Promotes the exchange of family planning information among service providers, family planning consumers, and educators. Answers inquiries from the public and professionals, and publishes fact sheets, bibliographies, the <a href="Health Education Bulletin">Health Education Bulletin</a>, the <a href="Information Services Bulletin">Information Services Bulletin</a>, the <a href="Catalog of Family Planning Materials">Catalog of Family Planning Materials</a>, and the <a href="Directory of Family Planning Grantees">Directory of Family Planning Grantees</a> and Clinics.

# NATIONAL CLEARINGHOUSE FOR HUMAN GENETIC DISEASES

P.O. Box 28612 Washington, DC 20006 Telephone: (202)842-7617

Answers inquiries from professionals and the public, publishes a catalog of sources for informational and educational materials on human genetics and genetic diseases, maintains a directory of informational and clinical resources, and compiles and distributes bibliographies and other publications.

# OTHER SOURCES OF INFORMATION (Cont'd.)

# NATIONAL HEALTH INFORMATION CLEARINGHOUSE (NHIC)

.P.O. Box 1133

Washington, DC 20013

Telephone: (800)336-4797; (703)522-2590 in Virginia

Serves as a central source of information and referral for health questions. Maintains a database containing descriptions of health-related organizations and programs throughout the country. Answers public and professional inquiries. Publishes a directory of health information resources, a series of topical resource quides, and other publications. Information includes descriptions of the major organizations in the maternal and child health field.

# NATIONAL INFORMATION CENTER FOR HANDICAPPED CHILDREN AND YOUTH

1555 Wilson Blvd., Suite 600 Rosslyn, VA` 22209 Telephone: (703)522-0870

Provides information on various disabilities, listings of parent organizations throughout the country, and sources for additional local information. Answers inquiries and distributes a newsletter and other publications.

# NATIONAL INSTITUTE FOR CHILD HEALTH AND HUMAN DEVELOPMENT (NICHD)

Office of Research Reporting 9000 Rockville Pike, Room 2A-32 Bethesda, MD 20205 Telephone: (301)496-5133

The Institute conducts basic and clinical research in maternal and child health and the population sciences. Answers inquiries from professionals on related topics such as sudden infant death syndrome, Down syndrome, studies on reproductive biology and contraception, mental retardation, and developmental disabilities. Also distributes popular and technical publications. Selected titles are listed under "National Institutes of Health" in the entry for the U.S. Department of Health and Human Services.

# OFFICE OF ADOLESCENT PREGNANCY PROGRAMS

Public Health Service
U.S. Dept. of Health and Human/Services
200 Independence Ave. SW.
Washington, DC 20201
Telephone: (202)472-9093

Funds grants to public and private nonprofit organizations and agencies which deliver comprehensive services to pregnant adolescents or serve as a linkage agent for these services. Answers public inquiries and publishes "Office of Adolescent Pregnancy Programs Information Bulletin."



# DITHER SOURCES OF INFORMATION (Cont'd.)

## OFFICE ON SMOKING AND HEALTH (OSH)

Technical Information Center Parklawn 8ldg., Room 1-16 5600 Fishers Lane Rockville, MD 20857 Telephone: (301)443-1690

Answers inquiries from professionals and the public and maintains a database of scientific information. Publishes a variety of bibliographies and reports, including: a directory of ongoing research, an annual legislative report on State legislation regarding smoking and health, an annual bibliography on smoking and health, an annual report to Congress, and the "Smoking and Health Bulletin," a current awareness publication for published literature on all aspects of smoking and health, published 8 to 10 times per year. Technical information includes current research on the effects of smoking on birth weight, fetal growth, infant mortality, and breastfeeding.

## SUDDEN INFANT DEATH SYNDROME CLÉARINGHOUSE

1555 Wilson Blvd., Suite 600 Rosslyn, VA 22209-2461 Telephone: (703)522-0870

Answers inquiries from the public and professionals, maintains a database of current literature on sudden infant death syndrome (SIDS), and disseminates approximately 25 publications on various aspects of SIDS.

# U.S. PHARMACEUTICAL CONVENTION, INC. (USP)

12601 Twinbrook Parkway Rockville, MD 20852 Telephone: (301)881-0666

A nonprofit, nongovernmental organization responsible for establishing standards for the strength, quality, and purity of drugs. Every 5 years, USP publishes revised standards for drugs in <a href="Include States">Include States</a> Pharmacopeia and <a href="Include complete reference and abridged editions of About Your Medicines">About Your Medicines</a>, containing detailed information on uses and seffects—including during pregnancy—of commonly—prescribed drugs. USP is also planning to publish a consumer's guide to drugs used in pregnancy and labor.



#### Indexes

## Printed Indexes:

The following indexing and abstracting services are available in most professional and academic health libraries.

Cumulative Index to Nursing and Allied Health Literature, 1956-Glendale Adventist Medical Center Publications Service, Box 871, Glendale, CA 91209; \$48

Appears in five bimonthly issues and a cumulated angual volume. Indexes over 260 journals including those of professional nursing associations. Some popular and news magazines are included. Separate sections index pamphlets, audiovisuals, and book reviews.

Excerpta Medica, 1947-; Box 211, 1000 AE, Amsterdam, Netherlands

The major abstracting service for journal articles on human medicine and related fields. It is published in separate subject sections, several of which include perinatal medicine: Section 1: Anatomy, Anthropology, Embryology, and Histology (10 issues a year, \$153.75); Section 7: Pediatrics and Pediatric Surgery (20 issues a year, \$258.50); Section 10: Obstetrics and Gynecology (20 issues a year, \$236); and Section 21: Developmental Biology and Teratology (10 issues a year, \$142.50). All sections are also available as automated databases (see below).

Index Medicus, 1760-; Superintendent of Documents, U.S. Government Printing Office Washington, DC 20402; \$195

Issued monthly. Indexes more than 2,500 journals plus monographs and conference proceedings. A separate section gives access to lengthy and review articles. The Abridged Index Medicus (1970-; \$46; available from Superintendent of Documents, as above), found in many public libraries, provides access to 125 English-language clinical journals. Citations from Index Medicus are also available online, of MEDLINE (see below).

International Nursing Index, 1966-; American Journal of Nursing Co., 10 Columbus Circle, New York, NY 10019; \$40

Appears quarterly and indexes over 200 nursing and non-nursing journals that contain medical articles. There are special sections for nursing books and the publications of organizations and agencies. Its citations are also available on MEDLINE (see below).

## OTHER SOURCES OF INFORMATION (Cont'd.)

## Computerized Indexes:

The following automated databases also provide indexes and, in some cases, abstracts for journal articles and other publications. They can be searched through most professional and academic libraries.

#### **AGRICOL** A

Produced by the National Agricultural Library (NAL), this database includes citations to journal articles and other documents that have been indexed and abstracted by the Ford and Nutrition Information Center (FNIC). Three commercial vendors provide access to AGRICOLA: Bibliographic Retrieval Services, Inc. (BRS); DIALOG Information Services, Inc.; and System Development Corporation (SDC). A Controlled Vocabulary, which is a list of index terms used in AGRICOLA, is available free from FNIC (see p. 72).

## CHILD ABUSE AND NEGLECT

Produced by the National Center for Child Abuse and Neglect (DHHS), this database is available on DIALOG. It includes records on research projects, publications, and service programs.

## EXCEPTIONAL CHILD

Contains references to published and unpublished literature on the education of exceptional children (gifted or handicapped). Ages covered are 0 - 21 years. It is available on DIALOG and BRS.

## EXCERPTA MEDICA

Includes references from all sections of  $\underline{\text{Excerpta Medica}}$  (see above). It is available through DIALOG.

# HEALTH PLANNING AND ADMINISTRATION

Contains citations to literature on health planning, organization, and related subjects. This is one of the National Library of Medicine's databases, part of its MEDLARS system. It is available through selected medical libraries around the country and can also be accessed through BRS and DIALOG.



# OTHER SOURCES OF INFORMATION (Cont'd.)

## MEDLINE

Also part of the MEDLARS system, MEDLINE indexes biomedical journal articles from both U.S. and foreign journals. It includes selected chapters and articles from monographs as well. This database is available at selected medical libraries and through BRS and DIALOG. Its print counterparts include <a href="Index">Index</a> (see above).



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YOU CAN BREASTFEED YOUR BABY EVEN IN SPECIAL SITUATIONS

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YOU ARE NOT ALONE

YOUR SPECIAL CHILD

ZERO TO THREE

YOUTH IN EDUCATION SERVICE--YES